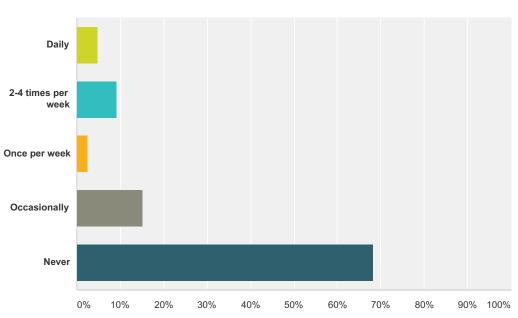
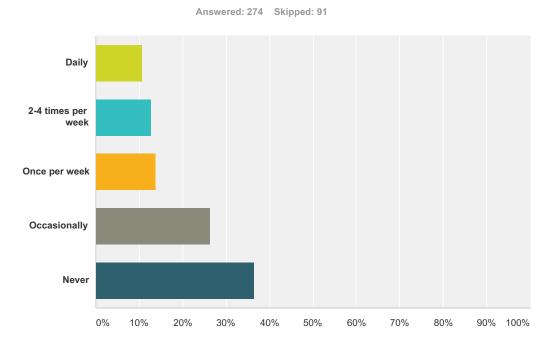
## Q7 How often do your children eat the breakfast provided by the school (answer for child who eats most frequently)?





Answer Choices	Responses	
Daily	4.74%	13
2-4 times per week	9.12%	25
Once per week	2.55%	7
Occasionally	15.33%	42
Never	68.25%	187
Total		274

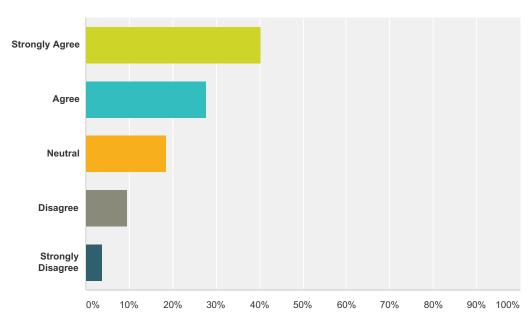
## Q8 How often do your children eat the lunch provided by the school (answer for child who eats most frequently)?



Answer Choices	Responses	
Daily	10.58%	29
2-4 times per week	12.77%	35
Once per week	13.87%	38
Occasionally	26.28%	72
Never	36.50%	100
Total		274

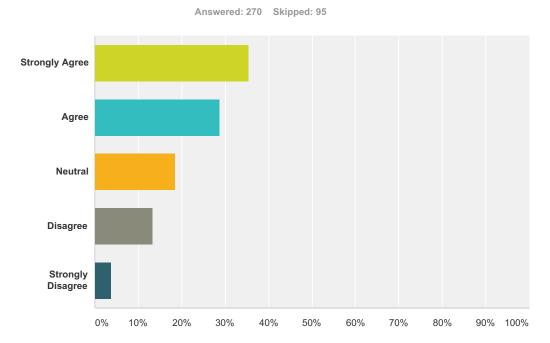
#### Q13... prohibits companies from marketing not just food or drink product names (e.g., Coke) but also brand names (e.g., General Mills) if all the products sold by that company are not Smart Snacks compliant.

Answered: 270 Skipped: 95



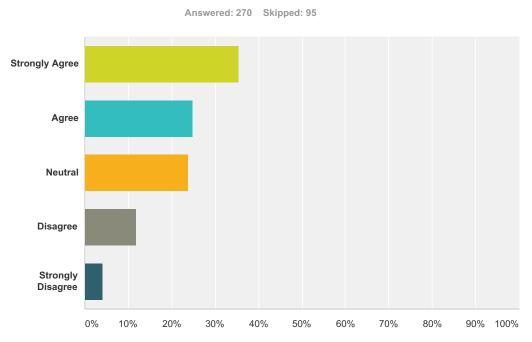
Answer Choices	Responses
Strongly Agree	<b>40.37%</b> 109
Agree	<b>27.78%</b> 75
Neutral	<b>18.52%</b> 50
Disagree	<b>9.63%</b> 26
Strongly Disagree	<b>3.70%</b> 10
Total	270

Q14... prohibits corporate-branded materials (i.e., books, school supplies, uniforms, posters) for companies whose food and drink products are not ALL Smart Snacks Compliant (e.g., Kraft-branded items would be forbidden if all Kraft's food products were not compliant with Smart Snacks rules)?



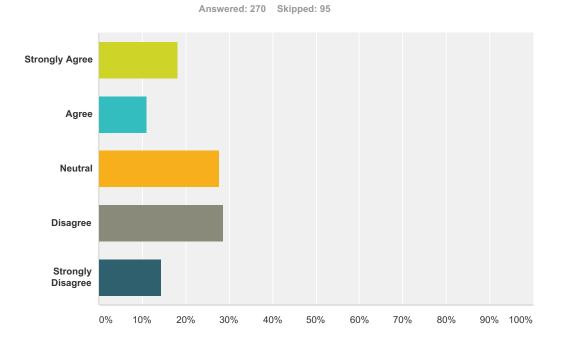
**Answer Choices** Responses 35.56% 96 Strongly Agree 28.89% 78 Agree 18.52% 50 Neutral 13.33% 36 Disagree 3.70% 10 Strongly Disagree Total 270





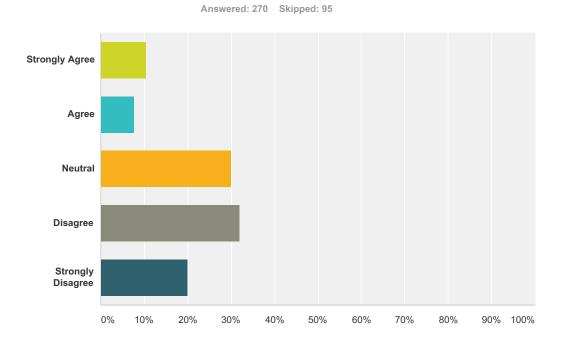
Answer Choices	Responses
Strongly Agree	<b>35.56%</b> 96
Agree	<b>24.81%</b> 67
Neutral	<b>23.70%</b> 64
Disagree	<b>11.85%</b> 32
Strongly Disagree	<b>4.07%</b> 11
Total	270

Q16... prohibits TEACHER AND CLASS INVOLVEMENT in label/receipt redemption programs (e.g., teacher-promoted and class-level competitions for General Mills' Box Tops for Education, Campbell's soup labels, Giant, Safeway and Target receipts)?



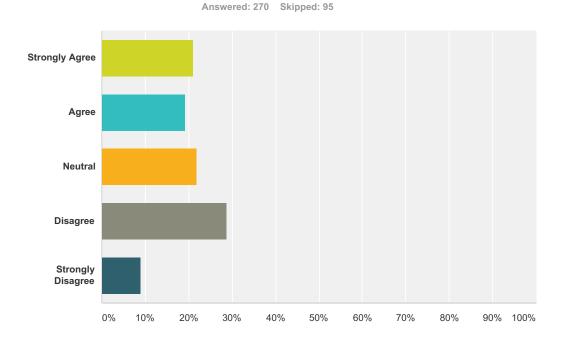
Answer Choices	Responses
Strongly Agree	<b>18.15%</b> 49
Agree	11.11% 30
Neutral	<b>27.78%</b> 75
Disagree	<b>28.52%</b> 77
Strongly Disagree	14.44% 39
Total	270

Q17... prohibits in-school label/receipt redemption programs entirely (e.g., General Mills' Box Tops for Education program, Campbell's soup labels, Giant, Safeway and Target receipts) even if conducted via PTAs and advertised only to parents)?



Answer Choices	Responses
Strongly Agree	<b>10.37%</b> 2
Agree	7.78% 2
Neutral	<b>30.00%</b> 8
Disagree	<b>31.85%</b> 8
Strongly Disagree	20.00% 5
Total	27

Q18... prohibits branded and/on non-Smart Snacks compliant fundraisers (e.g., bake sales, restaurant fundraisers) from being advertised directly to children (e.g., through announcements, stickers or other direct-to-child advertising) during school hours.



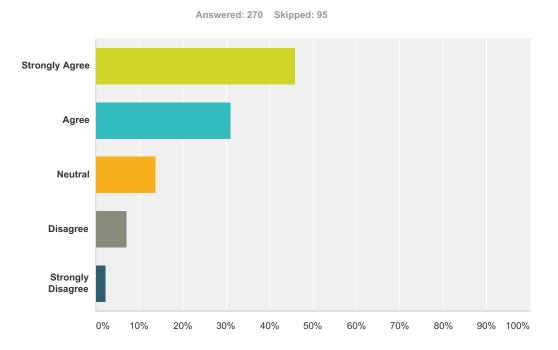
Answer Choices	Responses	
Strongly Agree	21.11%	57
Agree	19.26%	52
Neutral	21.85%	59
Disagree	28.89%	78
Strongly Disagree	8.89%	24
Total		270

#### Q19... asks schools and PTAs to cooperatively develop lists of acceptable and unacceptable restaurants for fundraising nights (no matter how they are marketed).

Answered: 270 Skipped: 95 Strongly Agree Agree Neutral Disagree Strongly Disagree 0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

Answer Choices	Responses	
Strongly Agree	21.48%	58
Agree	29.63%	80
Neutral	21.48%	58
Disagree	20.00%	54
Strongly Disagree	7.41%	20
Total		270

#### Q20... prohibits companies from advertising chocolate milk, ice cream or other sugar-sweetened (but nonetheless Smart Snacks-compliant foods) on vending machine fronts?



Answer Choices	Responses
Strongly Agree	<b>45.93%</b> 124
Agree	31.11% 84
Neutral	<b>13.70%</b> 37
Disagree	<b>7.04%</b> 19
Strongly Disagree	<b>2.22%</b> 6
Total	270

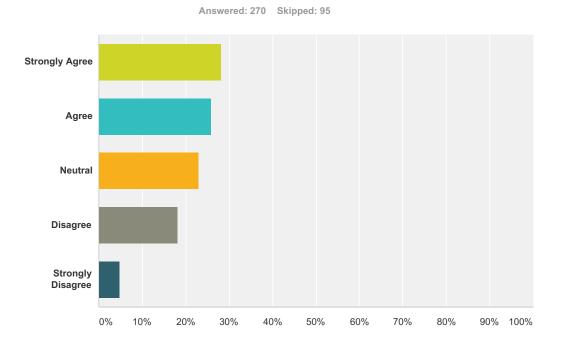
#### Q21... prohibits sponsorships/ads (yearbook, school newspapers, event sponsorships) for individual products that are not Smart Snacks compliant (e.g., Pizza Hut Personal Pan Pizza)?

Answered: 270 Skipped: 95

Strongly Agree Agree Neutral Disagree Strongly Disagree 0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

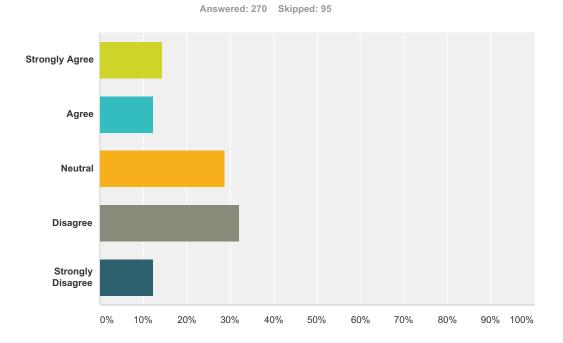
Answer Choices	Responses
Strongly Agree	<b>28.89%</b> 78
Agree	<b>24.07%</b> 65
Neutral	<b>22.22%</b> 60
Disagree	<b>18.89%</b> 51
Strongly Disagree	<b>5.93%</b> 16
Total	270

#### Q22... prohibits sponsorships/ads (yearbook, school newspapers, event sponsorships) for companies whose food product lines are generally not Smart Snacks compliant (e.g., McDonald's, Pizza Hut, Nestle)?

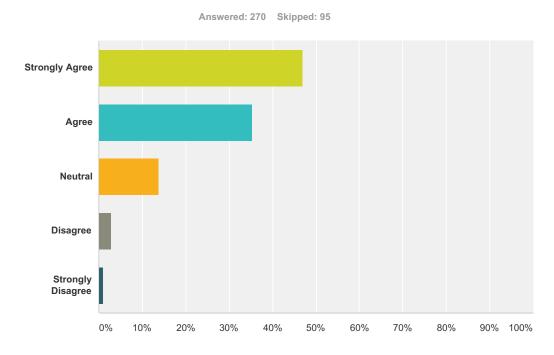


Answer Choices	Responses
Strongly Agree	<b>28.15%</b> 76
Agree	<b>25.93%</b> 70
Neutral	<b>22.96%</b> 62
Disagree	<b>18.15%</b> 49
Strongly Disagree	<b>4.81%</b> 13
Total	270

Q23 . . . prohibits sponsorships/ads (event, yearbook, school newspapers) for companies who offer a wide variety of food or non-food products, some of which are not Smart Snacks compliant (e.g., grocery stores, large food manufacturers).



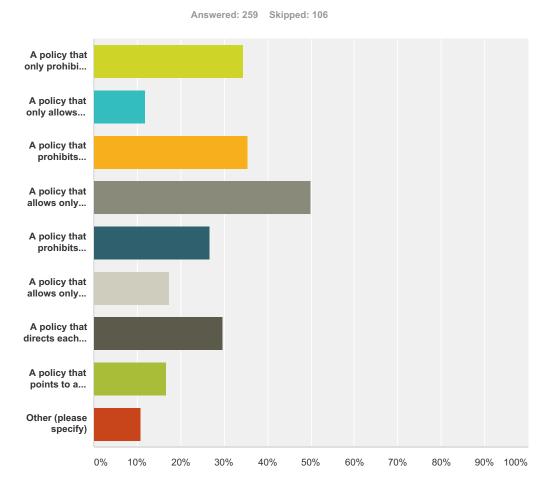
Answer Choices	Responses	
Strongly Agree	14.44%	39
Agree	12.22%	33
Neutral	28.89%	78
Disagree	32.22%	87
Strongly Disagree	12.22%	33
Total		270



# Q24 . . . prohibits non-compliant food/drink advertisements on in-school TV/radio?

Answer Choices	Responses	
Strongly Agree	47.04%	127
Agree	35.19%	95
Neutral	13.70%	37
Disagree	2.96%	8
Strongly Disagree	1.11%	3
Total		270

Q25 Which policies do you most support for snacks provided by parents for the entire class on a regular basis (e.g., snacks provided in the early grades in some elementary schools for all children by one family one day each month). Pick up to 3.



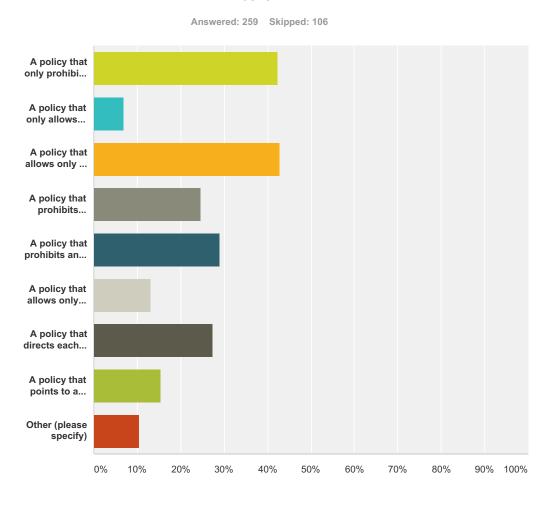
nswer Choices		Responses	
policy that only prohibits common allergens, such as peanuts and tree nuts.	34.36%	89	
policy that only allows fruits and vegetables.	11.97%	3	
policy that prohibits dessert/sweetened items (e.g., cookies, cake, cupcakes, donuts, fruit snacks, granola bars, candy, etc.).	35.52%	92	
policy that allows only healthy choices such as fruits, vegetables, hummus, whole grain chips, cheese sticks, popcorn and water.	49.81%	12	
policy that prohibits artificial colors.	26.64%	6	
policy that allows only Smart Snacks-compliant snacks.	17.37%	4	
policy that directs each school/PTA to come up with a list of acceptable snacks.	29.73%	7	
policy that points to a district-level list of acceptable snacks.	16.60%	4	
ther (please specify)	10.81%	2	

#### Total Respondents: 259

#	Other (please specify)	Date
1	Healthy choices Suggested, not required would support suggested healthy snacks but not a requirement or restriction	3/29/2017 10:54 PM
2	<b>Educate families</b> Teach healthy eating, but realize that you cannot avoid outside influences. Don't try to control every bite. Many people have lived through elementary school and survived.	3/29/2017 8:29 PM
3	No soda As this is 1 per month, Id say no soda but let them have fun. Treats are treats.	3/29/2017 4:32 PM
4	Educate families Fruits and veggies More Education on smart snacks-compliant snacks, a policy that encourages water, fruit and vegetables,	3/29/2017 3:18 PM
5	<b>Healthy choices</b> Vegan a policy that allows healthy choices like hummus, fruits, veggies, popcorn, water (all vegan options)	3/29/2017 3:09 PM
6	Homemade snacks Home cooked non processed foods	3/29/2017 2:34 PM
7	<b>No policy</b> Children can enjoy a balance of foods, including dessert items. Learning to eat those things and not feel they must stuff themselves with a forbidden item is important.	3/29/2017 2:30 PM
8	No prohibiting allergens WRT alergens, no prohibition, just a disclosure of ingredients. Let people make their own decisions after disclosure.	3/18/2017 8:48 AM
9	No gluten, dairy If you deal with allergies must include dairy and gluten	3/18/2017 8:10 AM
10	Educate families Suggested, not required general guidelines on good healthy foods but don't go overboard we have bigger issues	3/18/2017 6:42 AM
11	Educate families A policy that encourages education on nutrition and healthy eating	3/14/2017 3:15 PM
12	No GMOs A program that prohibits GMO products	3/14/2017 8:05 AM
13	Schools should decide Interesting question - I like the idea of each school having its own say, but would each school have the knowledge/engagement needed to come up with a list of acceptable snacks? Default to a district list if no?	3/3/2017 4:52 PM
14	No allergens definitely include policy related to limiting allergens, but also include the other two I chose	3/3/2017 11:06 AM
15	Unaware of parent snacks I have never heard of parents providing a snack regularly	3/3/2017 11:04 AM
16	Fruits and veggies encourage cut up apples and carrots	3/3/2017 9:57 AM
17	Fruits and veggies Organic snacks Organic fruits and veggies	3/3/2017 8:52 AM
18	Healthy choices No allergens a policy that prohibits common allergens and allows only healthy choices for nourishment	3/1/2017 6:38 PM
19	Fruits and veggies A policy that limits processed snacks and favors fruits and vegetables	2/28/2017 10:30 PM
20	Fruits and veggies Whole grains, lean meats A policy that allows daily fresh-made lunch using fruits and vegetables and healthy choices like whole grains and lean meats	2/23/2017 12:22 AM
21	No policy This is over-reaching.	2/22/2017 3:30 PM
22	<b>Classes decide</b> No allergens One day a month a little treat won't hurt. More than one? Not so sure. But it is up to the individual classrooms, with guidance from the district, to decide on the minutiae of this policy. Allergens should be screened for, class by class, as peanuts and tree nuts can be toxic, but also highly nutritious. Need to know whom you are feeding.	2/22/2017 1:42 PM
23	No chemicals No GMOs Do not allow foods with GMO, HFCS, MSG, etc.	2/22/2017 10:59 AM
24	No policy Do not support any of the above	2/22/2017 9:40 AM
25	Healthy choices Homemade snacks Organic snacks A policy that encourages healthy snacks, with a focus on organic ingredients, but does not prohibit other homemade snacks. Guidelines for snacks only not prohibitions.	2/22/2017 8:48 AM
26	Fruits and veggies Homemade snacks Policy that allows real food (no packaged foods), so this would include fruits, veggies, and homemade snacks, which could be sweet, but limited quality.	2/22/2017 8:40 AM
27	<b>No allergens No policy</b> Student allergens should be known, but if there are no allergens then no need to restrict. Students should be taught how to make good decisions and how often a "sometimes food" is allowed if they are going to make decisions outside of school. Don't have restrictive policies, it frustrates parents.	2/22/2017 8:30 AM

28	No sugar Sugar is the biggest battle. The healthy choices listed are prohibitively expensive for many families (and	2/22/2017 6:23 AM
	for teachers!).	

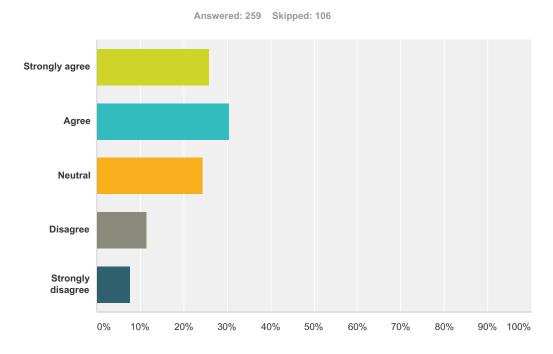
#### Q26 Which policies do you most support for food and drinks brought by parents for parties (birthdays, holidays, etc.)? Pick up to 3.



Answer Choices Responses 42.47% 110 A policy that only prohibits common allergens, such as peanuts and tree nuts. 6.95% 18 A policy that only allows fruits and vegetables. 42.86% 111 A policy that allows only one sweet snack offered along with healthy snacks, with water as the beverage. **24.71%** 64 A policy that prohibits common allergens and allows only healthy snacks, such as fruits, vegetables, hummus, whole grain chips, cheese sticks, popcorn and water. **28.96%** 75 A policy that prohibits any drink except 100% fruit or vegetable juice, water or white milk. **13.13%** 34 A policy that allows only Smart Snacks-compliant snacks. **27.41%** 71 A policy that directs each school/PTA to come up with a list of acceptable snacks. **15.44%** 40 A policy that points to a district-level list of acceptable snacks. **10.42%** 27 Other (please specify)

#### Total Respondents: 259

#	Other (please specify)	Date
1	Suggested, not required would support recommendation, not restriction	3/29/2017 10:54 PM
2	<b>Educate only</b> Teach healthy eating, but realize that you cannot avoid outside influences. Don't try to control every bite. Many people have lived through elementary school and survived.	3/29/2017 8:29 PM
3	Once a month birthdays I would like to see a limit on birthday parties in the classroom (once a month, season, etc)	3/29/2017 3:24 PM
4	Water only water onlyfor drink	3/29/2017 3:01 PM
5	Sweet treats ok for b-day On Birthdays I don't see the harm in celebrating with a sweet treat	3/29/2017 2:35 PM
6	No other chemicals No sweets on bdays Policy that prohibits sugar based or food made with color additives, as snacks	3/18/2017 11:08 PM
7	No policy No policy	3/18/2017 8:56 AM
8	Allow allergens WRT alergens, no prohibition, just a disclosure of ingredients. Let people make their own decisions after disclosure.	3/18/2017 8:48 AM
9	No dairy, gluten If for allergies must include dairy and gluten	3/18/2017 8:10 AM
10	Parents decide let parents decide	3/18/2017 6:42 AM
11	Homemade No GMOs And the sweet snack to be home prepared with healthful ingredients - no palm oils/gmo's etc.	3/14/2017 8:05 AM
12	Low sugar No trans fat #3 but you should add Ok for a SMALL quantity of natural sugar without trans-fat (mini cup cake are just as fun as huge one)	3/3/2017 12:16 PM
13	No policy These parties are twice a year - give me a break!	3/3/2017 11:04 AM
14	Current policy desc. Our school does not celebrate birthdays with food. We only have two parties per year and it is up to the parents to decide on the type of treat/snacks. We promote water as the optional beverage.	3/3/2017 10:48 AM
15	School/district list I like the idea of each school/PTA making a list because I think that would mean more buy in and parent support. I think maybe the District or RFKM could make a suggested list that each school could review and modify. I think not everyone definition of "heatlhy" is the same and that would help set some kind of reasonable bar for people to work with.	3/3/2017 10:24 AM
16	No sweets on bdays consider sweet snacks for only holidays. Birthdays should include non-edible treats	3/3/2017 10:14 AM
17	No drinks no bottled water or any drinks necessary	3/3/2017 8:52 AM
18	No policy none of these	3/3/2017 7:54 AM
19	No policy It is ridiculous to prohibit birthday cupcakes and will only alienate people from helping your cause.	3/3/2017 6:20 AM
20	Fruits and veggies Limit processed food Low sugar A policy that limits processed and sugary snacks and favors fruits and vegetables	2/28/2017 10:30 PM
21	No policy This is over-reaching.	2/22/2017 3:30 PM
22	School/district list Again, this is something that classes, parents, district, all should have a say in. I assume you have a Registered Dietitian [we tend to be very strict]. I believe in restricting, but not forbidding, sweet treats, for important events like birthdays and holidays. Holidays support and celebrate culture[s] and birthdays support and celebrate individual children. We need both.	2/22/2017 1:42 PM
23	Alternative milks Alternative milks too	2/22/2017 12:56 PM
24	No GMOs No other chemicals Do not allow foods with GMO, HFCS, MSG, etc.	2/22/2017 10:59 AM
25	<b>No juice or soft drinks Organic</b> Policies that ENCOURAGE (but don't mandate) use of organic foods, suggested food items, and only a prohibition on soft drinks and fruit juice.	2/22/2017 8:48 AM
26	<b>No policy</b> Birthdays and holidays are a special occasion and should be fun, not very restrictive in choices. Teach the kids how to make good choices and to save certain foods for special occasionslike this.	2/22/2017 8:30 AM
27	Low sugar Sugar is the biggest battle.	2/22/2017 6:23 AM



## Q27 MCPS should allow homemade food for snacks, parties, etc.

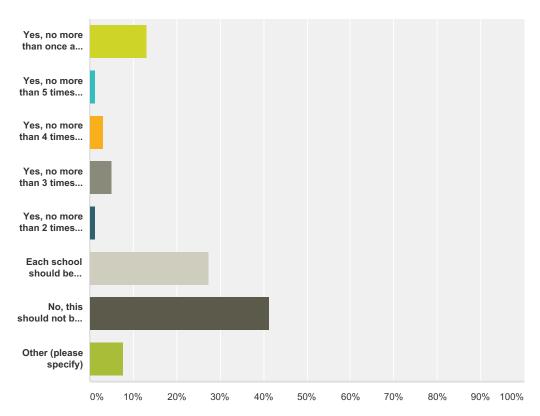
Answer Choices	Responses	
Strongly agree	25.87%	67
Agree	30.50%	79
Neutral	24.32%	63
Disagree	11.58%	30
Strongly disagree	7.72%	20
Total		259

#	Comments:	Date
1	Yes, with ingredients only when accompanied by a list of ingredients and recipe	3/29/2017 11:01 PM
2	Consider allergies too many allergy issues, issues with quality of products and cross contamination of allergens	3/29/2017 3:14 PM
3	No dependsat PTA events that offer a variety of native foods that are optional is fine. I don't think in class parties should allow it.	3/29/2017 3:01 PM
4	No These frequently have allergens and parents cannot check ingredients	3/29/2017 2:53 PM
5	Yes, with ingredients With ingredient list/recipe	3/29/2017 2:45 PM
6	Supportive Should be both always	3/29/2017 2:28 PM
7	Describes school policy Our school has successfully eliminated this option without conflict from parents — 4 years now.	3/29/2017 2:27 PM
8	Consider allergies Supportive common allergens should be prohibited	3/18/2017 3:39 PM
9	Not sure I enough to understand why homemade food not good	3/18/2017 9:25 AM
10	<b>Supportive</b> This allows for a lot of different types of cuisine to be shared among children that might not otherwise have exposure to it.	3/18/2017 9:06 AM

11	<b>Consider allergies</b> I would love to be able to send in homemade food but understand this might be a tough one because of allergies and parents/kids not being 100% sure of ingredients.	3/18/2017 9:03 AM
12	Consider allergies Except in cases where severe allergies require that food be prepared in an allergen-free facility.	3/18/2017 9:00 AM
13	Yes, with ingredients listed	3/18/2017 8:29 AM
14	Consider allergies Weary of allergens for those with sensitivities in homemade items	3/18/2017 8:05 AM
15	State policy prohibits But I think state regs prevent it	3/18/2017 7:54 AM
16	Is homemade healthy? Just because it's homemade,doesn't mean it's healthy. How does one limit portion size, fat, sodium, sugar?	3/3/2017 4:52 PM
17	Yes, with ingredients Homemade foods should be fine (and are often healthier) if accompanied by a list of ingredients, so that any children with sensitivities/allergies will know to avoid them.	3/3/2017 1:08 PM
18	Food safety concern Sad but some people do not have any concept of safe food handling	3/3/2017 12:16 PM
19	Food safety concern yes, but a food safety document should accompany any policy change	3/3/2017 11:06 AM
20	Supportive Homemade snacks are generally made with less sugar and salt.	3/3/2017 10:48 AM
21	Consider allergies must take into account allergies.	3/3/2017 10:37 AM
22	Supportive As long as it meets the guidelines, I think this makes sense, especially for those on limited income. It could save them money.	3/3/2017 8:54 AM
23	Supportive I don't know enough about any previous problems with this. In general, homemade items could be healthier without as many additives.	3/3/2017 8:04 AM
24	Consider allergies Because of allergies packaging is needed.	3/3/2017 8:04 AM
25	No artificial ingredients Yes, with ingredients If the food is free of artificial colors and preservatives. Ingredients need to be recognizable and readable.	3/3/2017 7:24 AM
26	Is homemade healthy? Home-made can be unheathy if sugar and fat content are very high	2/28/2017 10:30 PM
27	<b>Food safety concern</b> Sometimes homemade is healthier, and yet we don't know how sanitary (safe) the cooking process is.	2/24/2017 8:54 PM
28	Supportive I agree, as long as the snacks meets guidelines and regulations.	2/23/2017 10:14 AM
29	Supportive I am fond of homemade food, but that's because I cook and bake healthy. Can't say the same for every parent.	2/23/2017 12:22 AM
30	No-My child has allergy I want to agree but my child has a sever nut allergy	2/22/2017 11:27 PM
31	State policy prohibits I believe this is state policy, so probably not worth the battle	2/22/2017 8:15 PM
32	Consider allergies too many allergy/hygiene issues	2/22/2017 4:59 PM
33	Consider allergies I'm in favor of homemade snacks, but I'm not sure what the implications are for allergic children.	2/22/2017 4:47 PM
34	<b>Consider allergies Each class decide</b> With reservations, because there are no food safety guidelines in place in an individual kitchen. Serious discussions suggested and again, each school, classroom, parent group should make this decision.	2/22/2017 1:42 PM
35	Consider allergies Not if parents of kids with severe food allergies are against it.	2/22/2017 12:50 PM
36	Consider allergies With some guidelines about allergens, etc.	2/22/2017 10:57 AM
37	Food safety concern Can't control cleanliness in preparation.	2/22/2017 10:44 AM
38	Is homemade healthy? HOmemade is no you always healthy, but most likely it is healthier than packaged foods.	2/22/2017 8:40 AM
39	Yes, with ingredients With a provided list of ingredients. We do this at evening events and for adults in schools; it is discouraging of good practice to prevent families from preparing and providing real food for classroom consumption.	2/22/2017 6:23 AM

#### Q28 Should RFKM advocate for a yearly limit to the number of celebrations/parties involving food (including birthdays)?

Answered: 259 Skipped: 106



swer Choices		
Yes, no more than once a month.	13.13%	34
Yes, no more than 5 times a year.	1.16%	3
Yes, no more than 4 times a year.	3.09%	ξ
Yes, no more than 3 times a year.	5.02%	1;
Yes, no more than 2 times a year.	1.16%	;
Each school should be directed to create its own limits.	27.41%	7
No, this should not be part of the wellness policy.	41.31%	10
Other (please specify)	7.72%	2
al		25

#	Other (please specify)	Date
1	I would limit celebrations to 1/mo aside from birthdays	3/29/2017 5:10 PM
2	not sure	3/29/2017 4:09 PM
3	no more than 1x a weekif multiple birthdays just designate 1 day that week	3/29/2017 3:01 PM

4	Why not have 3x's a year " group birthday celebrations where parents are then permitted to provide sweet treats? Like a before Thanksgivig break celebrato for kids who had BDays in Sept OctNov???somethig lke that would limit time spent and at same time allow for more involved celebration	3/29/2017 2:35 PM
5	I'm not familiar with how many parties currently.	3/20/2017 3:55 PM
6	our school no longer allows food on birthdays.	3/19/2017 11:27 PM
7	Quantity of celebrations is far less important to our famiky tgan our preference for guidance that eliminates sugar based snacks and marketing unhealthy foods to students	3/18/2017 11:08 PM
8	Not sure	3/18/2017 9:25 AM
9	I'm not concerned about the number of partys so much as I am about what type of food is given to the children at those parties.	3/18/2017 9:06 AM
10	The once-a-month birthday has worked very well in my child's class this year.	3/18/2017 9:00 AM
11	RFKM could suggest alternatives such as monthly sports/dance party for birthdays.	3/18/2017 8:27 AM
12	This is a ridiculous amount of overreach	3/18/2017 7:54 AM
13	This should be part of the wellness policy BUT teachers should be reminded that it is not good to teach children that fun=sugar, people tend to forget about music, dancing, signing, playing, etc	3/3/2017 12:16 PM
14	A good way to reduce the number of bday parties is to have one party a month for all kids with birhtday's that month. That way each child experiences just one PTA/school bday celebration each year.	3/3/2017 9:15 AM
15	not sure	3/3/2017 9:06 AM
16	I remember fondly having birthday parties in elementary school, so I hate the thought of limiting the number of birthday parties. Perhaps 1 party a month for all the birthdays in that month?	3/3/2017 8:54 AM
17	20 kids in the class is twice a month. I see no problem with that. Please don't take all the remaining joy out of kindergarten.	3/3/2017 6:20 AM
18	Part of wellness policy, including mental health. How many kids have birthdays in a month? " [Not as individually supportive, but might be appropriate in some circumstances.]	2/22/2017 1:42 PM
19	if classrooms want to celebrate all birthdays, lump them together in a given month.	2/22/2017 8:40 AM
20	17 kids in my class = about 14 birthday cupcake days + 1 summer birthday cupcake days [birthdays are VERY important] + Halloween + Valentines Day parties. I do support NO SWEETS school parties with the focus on activities and nonedible treats. But the birthday cupcake tradition fits in with the "once-in-awhile" sweet treet idea and includes families whose kids may have no other birthday celebration with friends.	2/22/2017 6:23 AM

#### Q29 Current MCPS policy on teacherprovided rewards states: "Staff should avoid using candy or other foods of minimal nutritional value as a classroom reward." If we advocate to change this policy, which version do you most agree with?

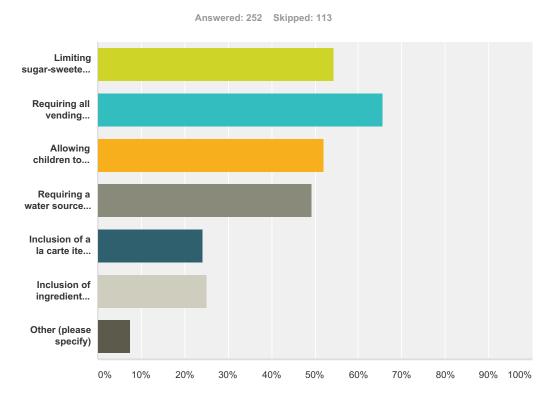
Answered: 259 Skipped: 106 Leave the same. Staff are prohibited f... Staff are prohibited f... Other (please specify) 90% 100% 0% 10% 20% 30% 40% 50% 60% 70% 80%

Answer Choices	Responses
Leave the same.	<b>45.17%</b> 117
Staff are prohibited from using candy or other foods of minimal nutritional value as a classroom reward.	<b>9.27%</b> 24
Staff are prohibited from using candy or other foods of minimal nutritional value as a classroom reward, either on an individual-student basis or on a whole-class basis.	<b>40.15%</b> 104
Other (please specify)	<b>5.41%</b> 14
Total	259

#	Other (please specify)	Date
1	No food Avoid food rewards completely.	3/29/2017 2:41 PM
2	Leave the same That's ok	3/29/2017 2:34 PM
3	<b>Candy ok</b> If parents can help teachers by providing other incentives, such as Beanie Babies, free of cost to the teacher, then by all means. Otherwise, teachers need something to help kids and small candies such as M&M's help in the classroom.	3/20/2017 10:19 AM
4	This is too general.	3/18/2017 9:45 AM
5	Food ok once/month Better to give a frequency - once a month!?	3/18/2017 9:25 AM

6	Each parent decides If a parent doesn't want their child to receive a treat they need to send a note.	3/3/2017 11:42 AM
7	Food ok once/month Add to the current policy "and prohibited from providing such rewards more than once a month."	3/3/2017 11:07 AM
8	Add "classroom" Staff should avoid using food as a classroom or individual reward	3/3/2017 10:48 AM
9	<b>2nd choice</b> I am ok with an occasional ice cream or pizza party as a reward. But all together there is too much candy and junk food in the elementary level given out by teachers and at parties. I would suggest a ban on teachers giving candy as a reward.	3/3/2017 10:24 AM
10	Schools decide This should be left up to the school	3/3/2017 7:24 AM
11	<b>No food</b> Replace with a policy stating that staff is prohibited from bribing students, either with food or other rewards, and offers training to teachers to offer children choices, empower them to make decisions and foster self-motivation, which makes respect for the student the centerpiece of teaching.	2/28/2017 10:30 PM
12	No food Staff should not use food as a reward at all.	2/22/2017 9:29 AM
13	No food A policy that discourages the use of any food as a reward.	2/22/2017 8:48 AM
14	Leave the same The word "avoid" does not prohibit. So what is the point of the policy? Staff should use their best judgement and not punished if they don't follow the policy once in a while.	2/22/2017 8:30 AM

# Q30 Which items are of highest priority to you for inclusion in the wellness policy? Pick up to 3.

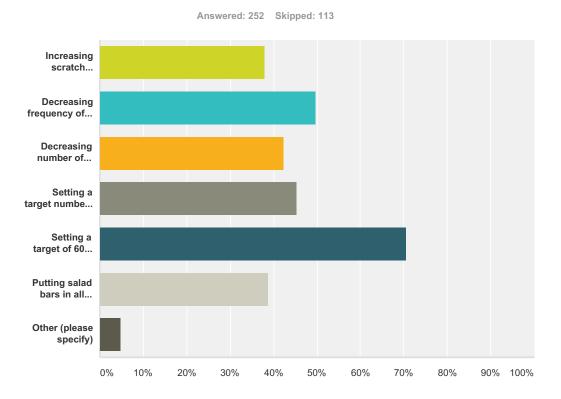


Answer Choices		Responses	
Limiting sugar-sweetened a la carte items in elementary schools to once a week.	54.37%	137	
Requiring all vending machines to be Smart Snacks compliant 24 hours/day (i.e., no candy, soda, sports drinks).	65.48%	165	
Allowing children to carry personal water bottles.	51.98%	131	
Requiring a water source directly inside every cafeteria (and not in the hallway outside of it).	49.21%	124	
Inclusion of a la carte items on lunch menus.	24.21%	61	
Inclusion of ingredient lists and nutrition facts labels of all foods sold in schools on MCPS web site.	25.00%	63	
Other (please specify)	7.54%	19	
Total Respondents: 252			

#	Other (please specify)	Date
1	Parent permission required for a la carte items like chips, ice cream, cinnamon buns	3/29/2017 3:26 PM
2	Include breakfast items with protein. Eliminate the cinnamon rolls.	3/19/2017 8:23 AM
3	Avoiding sugar based snacks in the classroom. Greatly increasing healthy food offerings on school lunch menu	3/18/2017 11:15 PM
4	Salad bar in schools	3/18/2017 5:09 PM
5	Thanks	3/18/2017 8:57 AM
6	Gluten free items on the menu	3/18/2017 8:12 AM

7	Salad and fruit bars, not having a fast-food like item at every meal, advocating for more cafeteria staff and other solutions to address long wait times, better tasting food	3/18/2017 8:00 AM
8	Whole foods provided at lunch - not processed	3/14/2017 8:08 AM
9	dramatically improving the nutritional value of school-sold lunch items	3/7/2017 1:00 PM
10	A la carte items are typically only in high schools - should stay that way. Younger students should be encouraged to eat the reimbursable meal.	3/3/2017 5:01 PM
11	a la carte items should be real food ie nutritional apples, carrots etc. nothing else	3/3/2017 9:59 AM
12	no vending machines in any school	3/3/2017 8:54 AM
13	Elementary schools/middle schools should not offer the choice of packaged snacks to go along with lunches many do such as Doritos, Cheez-ets, etc. Young children do not have the self-control to say no	3/3/2017 8:12 AM
14	Non carbohydrate breakfast options e.g. hard boiled eggs	3/3/2017 8:07 AM
15	Na	2/25/2017 4:03 PM
16	significanlty improve lunch offerings to be healthier	2/22/2017 10:20 PM
17	A certain number of meals must be made from scratch per week.	2/22/2017 8:44 AM
18	There should be restrictions on regular soda, but most schools already comply with USDA mandates on nutrition in school food. USDA does not include "added sugar" in the nutrition analysis software, so it is almost impossible to comply with a sugar restriction policy until the FDA includes "added sugar" on the food label in 2018.	2/22/2017 8:33 AM
19	Your "no more than 10% of calories" sugar limit does not help younger kids make good choices. All foods should be nutrition labelled with total grams of sugar clearly noted. That way even K-2 students can begin to understand which choices are using up their precious allowance of about 25 g of sugar per day. One bottle of chocolate milk contains 21g.	2/22/2017 6:33 AM

#### Q31 Which items are of highest priority for you as future GOALS in the wellness policy? Pick up to 3.



nswer Choices		Responses	
Increasing scratch cooking.	38.10%	96	
Decreasing frequency of pizza, burgers, hot dogs, and processed chicken on menus.	49.60%	125	
Decreasing number of sugar-sweetened breakfast offerings.	42.46%	10	
Setting a target number of regular brain breaks (breaks for moderate to vigorous physical activity) in elementary schools.	45.24%	11	
Setting a target of 60 minutes of physical activity (e.g., recess or PE) per day (per CDC recommendations) for all elementary school students.	70.63%	17	
Putting salad bars in all MCPS schools.	38.89%	9	
Other (please specify)	4.76%	1	
I Respondents: 252			

#	Other (please specify)	Date
1	adding hot meat-free options to the menu	3/29/2017 4:10 PM
2	PE should be Year round in middle school, NOT just 3 of the 4 marking periods as it is now.	3/29/2017 2:48 PM
3	We should be focusing on making the food offered to students REAL and FRESH food. Other school districts have amazing program - we are one of the richest school districts in the country and the meals served to our children are not acceptable. I think the focus should be less on snacks etc and more on whole foods and fresh cooking.	3/29/2017 2:36 PM
4	Reducing sugar sweetened beverage consumption	3/20/2017 3:57 PM
5	Increasing time allocated for ES lunch periods and offering lunch menus with healthy options	3/18/2017 11:15 PM
6	Reduced sugar at lunch	3/18/2017 9:26 AM

7	Both an increase in physical exercise, increase in scratch cooking and brain breaks	3/18/2017 8:12 AM
8	More staff on playground & cafeteria, trained to manage kids, international foods in our schools with international populations, meatless day, at least one day w/o fast food like products	3/18/2017 8:00 AM
9	Staggered lunches in the HSs instead of blocks. Student can't access school meals because of over crowded schools. They go off campus instead and mall food/fast food is unhealthy.	3/3/2017 5:01 PM
10	Improving nutrition education	2/22/2017 3:31 PM
11	Get rid of Chocolate milk	2/22/2017 9:51 AM
12	Setting a target of 45 minutes per day. This would more flexibly encourage schools/teachers to augment the standard 30 mins of recess per day, but leave some of the minimum 60 minutes in the family's hands. Campaign for Outdoor Play is another thing MCPS could take on.	2/22/2017 6:33 AM

# Q32 Why are you interested in the work of RFKM?

Answered: 163 Skipped: 202

#	Responses	Date
1	As a teacher, I see my students constantly buying unhealthy food from vending machines. As a parent, I am concerned that my own child is able to do the same.	4/1/2017 8:10 AM
2	It is vital to health and well being of our kids!	3/30/2017 8:04 PM
3	Very concerned about quality of food in schools and overabundance of sugar and junk	3/30/2017 3:35 PM
4	Put good nutrition and wellness choices for kids in front of Board of Ed and County Council	3/30/2017 8:19 AM
5	So my daughter has healthy food options at school like she does at home.	3/30/2017 7:50 AM
6	Childhood obesity is a huge problem now. A vegan lifestyle (eating) can help a lot.	3/30/2017 5:13 AM
7	Our kids deserve to get proper nutrition that will help them learn and grow	3/30/2017 12:08 AM
8	Proper nutrition plays a major role in the education of children. I pack my children's lunches because I am disgusted by most of the food served by MCPS.	3/29/2017 11:07 PM
9	want healthy food in schools	3/29/2017 10:56 PM
10	My son struggles with obesity. Even though my son attends a private school in MC I am concerned about other children such as those of my housecleaner one of which is disabled. I have a MPH and am generally issued in primary prevention	3/29/2017 10:28 PM
11	I want my children to attend a school that fosters a healthy lifestyle and teaches healthy choice.	3/29/2017 10:15 PM
12	Because better food creates a snowball effect for student success.	3/29/2017 10:04 PM
13	I am horrified by the school lunch offerings!	3/29/2017 9:10 PM
14	Because it is important	3/29/2017 8:21 PM
15	Are schools have gotten farther and farther away from scratch cooking with basic healthy ingredients to processed sugar laden additive laden alternatives. And a lot of our children in this county have no other choice but to receive the majority of their calories from our school meal plans.	3/29/2017 7:35 PM
16	public health equity.	3/29/2017 7:03 PM
17	Because eating healthy is scientifically proven to lead to better performance in school.	3/29/2017 5:16 PM
18	Because children need and have a right to good, nutritious food at school.	3/29/2017 5:14 PM
19	all parents should be	3/29/2017 5:12 PM
20	Because my daughter is interested in nutrition and health	3/29/2017 4:51 PM
21	Food is very important and our schools serve food that is unhealthy.	3/29/2017 4:40 PM
22	I am a holistic health coach and teacher and see the marketing of sugary, processed foods in schools and the lack of activity kids get nowadays due to parents work schedules and fears of violence.	3/29/2017 4:37 PM
23	Better nutrition for all kids!	3/29/2017 3:42 PM
24	I would like to offer my children the opportunity to buy lunch but I can't allow it with the current menu.	3/29/2017 3:27 PM
25	I strongly believe school should partner with parents to promote wellness and nutrition. The health effects of poor nutrition are significant, and poor food choices including those at school contribute to problems like childhood obesity, diabetes, etc.	3/29/2017 3:22 PM
26	Want kids to have good habits. Don't want poorer kids or kids with busy parents to suffer.	3/29/2017 3:16 PM
27	children deserve healthy food and would enjoy it if it became more of the norm in america. but having sweets and fried foods around make it harder to choose healthy food.	3/29/2017 3:12 PM
28	Kids health	3/29/2017 3:06 PM

29	a healthy body will have a healthy mind ready for learning.	3/29/2017 3:05 PM
30	Important work!!!	3/29/2017 3:05 PM
31	We can do better for our kids!	3/29/2017 3:04 PM
32	I'm a lifelong wellness professional who cares about health and wellbeing. All children should have healthy food and fresh water available to them at school in addition to daily physical movement.	3/29/2017 2:51 PM
33	I would love to work on Healthy Cooking programs with Kids and also	3/29/2017 2:47 PM
34	Children's health.	3/29/2017 2:43 PM
35	I want healthy food choices for all MCPS students	3/29/2017 2:43 PM
36	Because schools should encourage kids to eat healthy.	3/29/2017 2:40 PM
37	Struggling against marketing of unhealthy items. Want my kids to develop love for healthier options.	3/29/2017 2:40 PM
38	Based on the current concerns I'm not - I would be if the focus was on providing kids with freshly prepared and whole food meals during the school day. The current focus on snack food and sugar elimination seems like the low hanging fruit.	3/29/2017 2:37 PM
39	Children should have foods which don't lead to obesity and food related diseases	3/29/2017 2:36 PM
40	My kids, grades 2 and K, come home with sweets and snacks constantly. They are rewarded with candy and have parties/food bribes all the time. It's awful.	3/29/2017 2:31 PM
41	Because my kids hate all lunch food in every school they have attended in Montgomery County. They bring their lunch every day. It is disgusting processed foods 95% of the time	3/29/2017 2:31 PM
42	It's a birthday party every dayin the sense of pizza and ice cream parties as rewards (summer reading packet, class that collects most box tops, raffle prizes during Book Fair)	3/29/2017 2:27 PM
43	It aligns with the mission of AHA and the work is important!	3/20/2017 3:59 PM
14	I don't want my kids eating JUNK at school.	3/20/2017 1:42 PM
45	Because I think the food in schools is not up to par for what our kids need to develop healthy habits.	3/20/2017 12:32 PM
46	Our meals served to kids are so junky compared to other countries' meals. We want to help kids who need food, and to that end, we serve junk. The breakfast at Kennedy High School is served to all kids due to the high FARM's rate, and it is bagged pastries EVERY day. And bugs have been found in the pastries bags. We can do better.	3/20/2017 10:25 AM
47	healthier and better food offered at lunch and breakfast in public schools, some of the food is terrible, i.e. grilled cheese, chicken sandwich, too much pizza	3/19/2017 10:19 AM
48	I'm tired of seeing low income kids eat so much processed and prepackaged food that isn't nutritious	3/19/2017 8:24 AM
49	Problem of poor eating habits causing lifetime health problems and bad habits. Importance of nutrition particularly in low-income households in improving ability of kids to learn.	3/19/2017 6:23 AM
50	0	3/18/2017 11:19 PM
51	Students need healthier choices in school. School food is not optimal at this time.	3/18/2017 6:50 PM
52	Food is such a key item in all of lives that starts with habits during our early years. Healthy habits are what we want to cultivate.	3/18/2017 6:24 PM
53	"If you want to close the education gap, you need to close the nutrition gap" - Arnie Duncan	3/18/2017 6:02 PM
54	My kids health is affected when they eat school lunch frequently	3/18/2017 5:10 PM
55	As a parent and teacher, I have been concerned about the number and frequency of unhealthy food choices for children in schools.	3/18/2017 3:47 PM
56	I previously worked for World Hunger Year, where we fought for an increase in food security.	3/18/2017 3:16 PM
57	Obesity is epidemic.	3/18/2017 1:22 PM
58	To advocate healthier options for Maryland schools	3/18/2017 12:18 PM
59	I feel strongly community groups such as RFKM can help curb rising child obesity rates.	3/18/2017 12:04 PM
60	Because neither of my daughters would eat the cafeteria provided food. It was too greasy and there weren't vegetables. Starting in middle school they both brought their own lunch. The youngest is a vegetarian and there is effectively nothing for her to eat if she doesn't bring her lunch.	3/18/2017 11:40 AM

61	I want to improve the food that many mcps students eat for 5 days a week.	3/18/2017 10:05 AM
62	Special Ed teacher in MCPS	3/18/2017 9:50 AM
63	Because I feel that for too long nutritional foods has been sorely lacking, across the board for children/everyone. Eating for wellness must begin at the beginning, with our children. For the well being of the individual child and eventually, as these kids grow up, the society over all.	3/18/2017 9:42 AM
64	Children require healthy food to learn at optimal levels.	3/18/2017 9:41 AM
65	Want my kids to buy healthier lunches and breakfast to a lesser dregeee	3/18/2017 9:31 AM
66	I strongly believe that the eating and lifestyle habits that children develop early on in life are the ones that they carry with them throughout their life. And so it is important at this early age for the school system to support families in their desire to raise healthy children.	3/18/2017 9:13 AM
67	I am appalled at the poor quality of food offered at my child's school, and I believe that their educational experience should include lunchtime. What are we teaching them about health and well-being through the food they are offered?	3/18/2017 9:05 AM
68	The school lunch offerings used to be highly processed, with little to no fresh fruit and vegetables and chocolate/vanilla/strawberry milks, chips, etc. available for purchase in my children's elementary school.	3/18/2017 8:34 AM
69	Always in favor or healthy living.	3/18/2017 8:13 AM
70	Three children in public school	3/18/2017 8:13 AM
71	I want better tasting food sonthat our highest poverty children (a third of our pop) learn healthy eating habits, and aren't stigmatized by going to caf because other kids will want to go to. The taste of our food is one of the biggest complaints we hear. I also want more staff & ither solutions for cafeteria because the biggest reason kids don't eat the food is they have to spend most of the time at lunch waiting in line and being quiet.	3/18/2017 8:04 AM
72	Because nutrition matters. The school is setting the tone for what foods my kids feel are acceptable. We have food allergies too. Safety is important. When you send them to school you just hope they make good decisions about what they will eat.	3/18/2017 7:59 AM
73	I strongly believe the food quality needs to be improved in the school cafeterias.	3/18/2017 7:44 AM
74	Healthy food is essential for children to grow and learn. Schools provide a large percentage of food for many students every day. All students should have access to healthy food for breakfast and lunch.	3/18/2017 7:31 AM
75	healthy food is the essence of a healthy life	3/18/2017 6:44 AM
76	Create health awareness in our children.	3/15/2017 9:42 PM
77	I believe nutrition and health are not supported or promoted to the degree they should be in our schools	3/14/2017 3:19 PM
78	Setting good example and teaching healthy eating habits to children	3/14/2017 8:10 AM
79	Because school lunch menus need dramatic improvement.	3/7/2017 2:53 PM
80	We were appalled at the lunch menus for our daughter's public school, particularly the lack of 'real' food and the abundance of things like hotdogs, corn dogs, pancakes, etc.	3/7/2017 1:03 PM
81	The food served to our children is horrible - artificial, processed, and full of sugar. Kids don't get to choose what they are served in schools - we need to be their advocates.	3/6/2017 3:22 PM
82	not at this time	3/5/2017 12:24 PM
83	Although my kids are grown, the health of all kids is important	3/4/2017 3:21 PM
84	Healthy eating is important, especially at an age when eating habits are getting established	3/4/2017 12:01 PM
85	I want my kids to know what healthy eating is and I hope they learn to make wise food choices. They must be introduced to smart, healthy eating in order to understand what it is.	3/4/2017 7:26 AM
86	Food education and public awareness	3/3/2017 6:34 PM
87	Healthy eating should be a priority for our children.	3/3/2017 5:49 PM
88	Healthy school meals that students will eat is an achievable goal. DCPS adopted their own DC Healthy Schools Act which is a higher nutrition standard than the USDA's. I see so many "challenges" in child nutrition and wellness that could be overcome if the district started to think about things differently.	3/3/2017 5:06 PM

89	After seeing the documentary, "Fed Up," I realized how much school food is part of the obesity epidemic. My kids' elementary menu was alright, but my oldest son's weight ballooned once he hit middle school, due to the school's breakfasts and lunches. He has brought lunch from home, since the first 6 months of middle school, and his weight has been fine since.	3/3/2017 3:16 PM
90	I want real, fresh food to be what the school offers for our kids to eat.	3/3/2017 2:20 PM
91	We need to have food avil that kids like and will eat.	3/3/2017 1:49 PM
92	As a pediatrician, I am aware of the potentially detrimental effects that nutrition can have on a growing body and mind.	3/3/2017 1:36 PM
93	My son is being exposed to so much sugar since he started kindergarten. Many parents don't like it but nodody want to'oppose' their school policy and teachers.	3/3/2017 12:36 PM
94	Many Kids eat 1-2 meals at school and they should be healthy.	3/3/2017 12:32 PM
95	My son will be in K this year and my other son will be in K in 2 years. I also work in the schools with children and I'm appalled at the lunches that I see them eat.	3/3/2017 11:52 AM
96	Kids need exposure to more real food.	3/3/2017 11:45 AM
97	Because good nutritional habits should start early.	3/3/2017 11:31 AM
98	My kids will be in public school in MCPS when they are old enough, so I'm getting involved now.	3/3/2017 11:12 AM
99	i'm involved in work with mcps food and nutrition AND I belive school food can be improved, however, I think we should pick and choose our battles with fns. If we make too extreme of recomendations i fear fns would just ignore them, we need to make them practical and reasonable.	3/3/2017 11:09 AM
100	I am on the MCCPTA Board	3/3/2017 11:06 AM
101	Because it advocates for better food in the schools.	3/3/2017 10:56 AM
102	Healthy foods are important for us.	3/3/2017 10:42 AM
103	The food served to our children is abysmal. We should emulate other cities and counties, as is being done in California, with healthy scratch meals. We have an ag reserve. Let's use it. Also, we are an ethnically diverse community yet the choices on the public school menus are hideous and limited to 'pizza' 'French toast sticks' and the like. Our community foods need to be incorporated into the menu.	3/3/2017 10:41 AM
104	I think nutrition is very very important for all of us and especially for growing children. The habits children form in childhood set a pattern for them to follow into adulthood, or at least influence their adult food choices so teaching good habits/practices now could go a long way. The obesity epidemic and rate of diabetes in young people/society at large is alarming and must be controlled.	3/3/2017 10:30 AM
105	I am a trained chef. Nutrition is very important to me.	3/3/2017 10:24 AM
106	To begin with, there are plenty of studies that show the relationship between healthy food and healthy brain functions. Children will do better in school if they have a healthier life-style. Secondly, as a health consultant and environmental scientists, i am aware that the relationship between the health of people and the health of the planet is so intertwined that one cannot exist without the other. The sooner kids learn about health, the better off they, and the planet, will be in the future.	3/3/2017 10:19 AM
107	Because diet and exercise are the key to well being	3/3/2017 10:03 AM
108	good food is crucial to good learning and for some it is their only meal it must be nutritional and not loaded with sugar.	3/3/2017 10:01 AM
109	I was asked to support RFKM by a former work colleague.	3/3/2017 9:53 AM
110	I have children who will go to MCPS, and I work for the district, so I see the subpar food choices. However, I'd like to see more of a focus on education of families and children as opposed to regulation. Once they leave schools, they'll have access to these items, so they need to be educated on their food choices.	3/3/2017 9:16 AM
111	I want my kids to be exposed to healthy offerings. I want healthy offering to be a STANDARD, not an option!	3/3/2017 9:08 AM
112	because school food is terrible, and kids get far too little exercise	3/3/2017 9:07 AM
113	healthier kids- my children always eat food from home in reusable containers and return fruit cores for composting at home, no waste at school	3/3/2017 8:57 AM
114	The health of our kids is a priority.	3/3/2017 8:08 AM
115	the food at MCPS schools is terrible, especially in elementary schools	3/3/2017 7:56 AM
116	I teach nutrition at the high school level. This science elective should be offered at more mcps high schools.	3/3/2017 7:28 AM

117	grandchildren and future generations	3/3/2017 6:49 AM
118	Two kids went through MCPS, food was lousy. It's criminal that a wealthy system like ours has lousy (not cooked on premises) food. Bring back the kitchens!	3/3/2017 6:23 AM
119	Elementary schools are the ideal place to promote and grow healthy eating habits. Middle schoolers and high schoolers still need guidance about what is healthy.	3/1/2017 6:44 PM
120	Because it is unconscionable that the same government charged with promoting public health is hurting the health of the most vulnerable for the benefit of its suppliers and the food industry, on our dime, in the face of overwhelming evidence that its behavior is hurtful to children.	2/28/2017 10:39 PM
121	Kids know no better - it's our job to make sure they are eating clean healthy foods	2/26/2017 5:05 PM
122	My son gained a ton of weight in 6th grade because we didn't realize what they were serving in middle school.	2/25/2017 8:56 PM
123	I don't like the school lunches but it's convenient for my family to not have to pack every day.	2/25/2017 4:05 PM
124	Because I care about the community's health and the best use of our tax dollars.	2/24/2017 8:57 PM
125	Kids are healthier and perform better in school if they eat healthy foods.	2/23/2017 11:41 PM
126	Healthy living education	2/23/2017 11:59 AM
127	My brother-in-law had a fundraiser for RFKM and I made a donation. That has been the extent of my interest, to date.	2/23/2017 10:23 AM
128	healthier food in schools is a huge priority for me!	2/23/2017 7:55 AM
129	I have 3 kids in the system who need an environment that provides them with non-processed, free of added sugars, made-from-scratch food along with daily exercise so they can become the best version of themselves.	2/23/2017 12:33 AM
130	I see a direct link between the food that kids eat and their behavior	2/22/2017 11:28 PM
131	health	2/22/2017 5:01 PM
132	It's important to not only to change policy, but to raise awareness.	2/22/2017 4:50 PM
133	I want all kids to have access to healthy foods in school, and the school system should be an example and leader in this area.	2/22/2017 4:49 PM
134	I want my kid to have access to nutritious food and educational resources to teach him about nutrition.	2/22/2017 3:34 PM
135	Our kids spend most of their day at school - they need to have healthy foods and healthy habits at school.	2/22/2017 3:20 PM
136	Have you seen the movie, Fed Up? It says it all!	2/22/2017 2:47 PM
137	I was sent this email. I'm a Registered Dietitian Nutritionist. I do live in Portland, Oregonbut can write, think and suggest from any distance. As RDs go, I'm pretty flexible.	2/22/2017 1:47 PM
138	Healthy kids make healthy decisions.	2/22/2017 1:11 PM
139	Because I think the food in school is horrible (both breakfast and lunch), that kids don't get enough time to exercise, and that candy should not be used as classroom rewards.	2/22/2017 12:53 PM
140	The food at Bethesda Elementary School is garbage. We can and must do better.	2/22/2017 12:48 PM
141	The quality of food children eat is very important to me.	2/22/2017 12:28 PM
142	I think children need to have a positive relationship with food and feel that this constant reward for good effort with food could lead to food issues in the future.	2/22/2017 11:56 AM
143	I had tried to advocate for healthy meals while my older son was in MCPS, but MCPS food specialist claimed that kids will refuse to eat healthy meals so they wouldn't try.	2/22/2017 11:06 AM
144	People's eating habits get started as children. It's important that they see all around them healthy foods, and learn early on to make good choices. It's not about NEVER having sweets or junk food, but having it in moderation, at special events. Currently, the food in schools has gotten better, but it's still not great.	2/22/2017 11:03 AM
145	I think it's very important to improve good offerings and policies to help reduce obesity.	2/22/2017 10:50 AM
146	Better food and more time for exercise has proven benefits for academic success.	2/22/2017 10:38 AM
147	I feel the schools need much healthier options for our students. Too many students are increasingly getting diseases and not being taught healthy habits.	2/22/2017 10:28 AM

149	Nothing is more important than the health and safety of our children and using the power of public schools to teach and model healthy food and eating habits can only benefit students, families and our future society. It takes a village to raise a child and parents need the support from schools to instill healthy habits.	2/22/2017 9:58 AM
150	We eat healthy foods at home, and I want that to continue during the school day	2/22/2017 9:52 AM
151	Build good habits at a young age	2/22/2017 9:45 AM
152	I believe in healthy eating and that some of our MCPS students don't have access to eating as healthy as they should. The best way to start is in schools. I am a school staff member and I see the school provided foods.	2/22/2017 9:32 AM
153	What you eat can make you healthy or sick. The current food offered in schools is much more of the type that contributes to illness and that should be changed.	2/22/2017 9:15 AM
154	I just finished a Master in Public Health, with a focus on food production	2/22/2017 8:52 AM
155	As a science teacher, I teach nutrition as part of the middle school NGSS standards	2/22/2017 8:48 AM
156	Rising healthy children is crucial. Developing good eating habits while young is important to long term health. Most of our country's health issues can be attributed to bad eating habits.	2/22/2017 8:47 AM
157	My child enjoys buying but want to make sure he is getting healthy options	2/22/2017 8:38 AM
158	Agree with goal: enhancing healthy eating.	2/22/2017 8:36 AM
159	I'm a registered dietitiannot "food police"	2/22/2017 8:34 AM
160	Because the current food options are unacceptable	2/22/2017 8:31 AM
161	Because I support my friends who have children in the system.	2/22/2017 6:52 AM
162	I'm a teacher and I know what my students are eating and not eating in school.	2/22/2017 6:38 AM
163	I'm the ED!	2/21/2017 12:56 PM