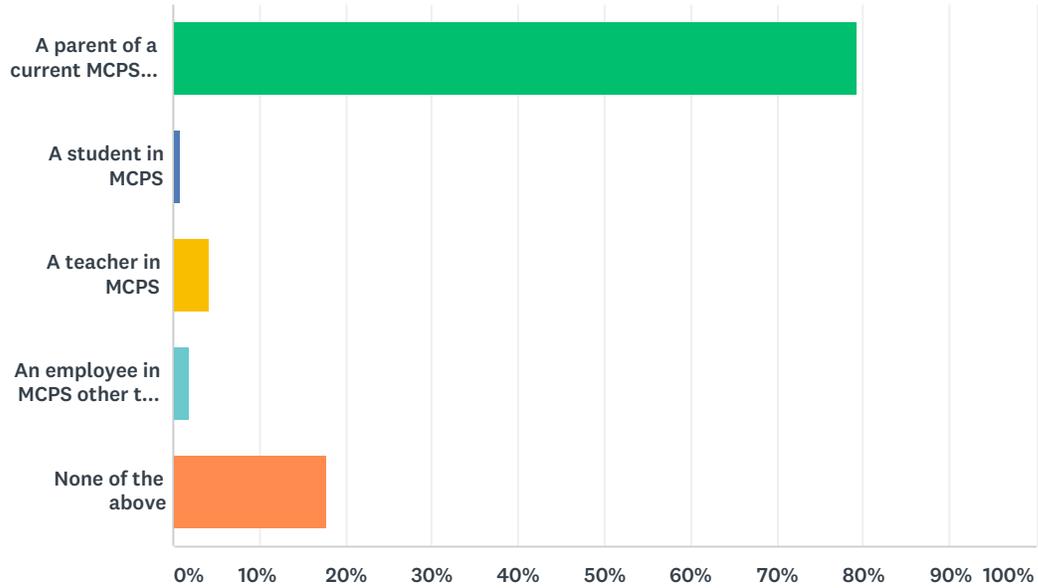


Q1 Are you?

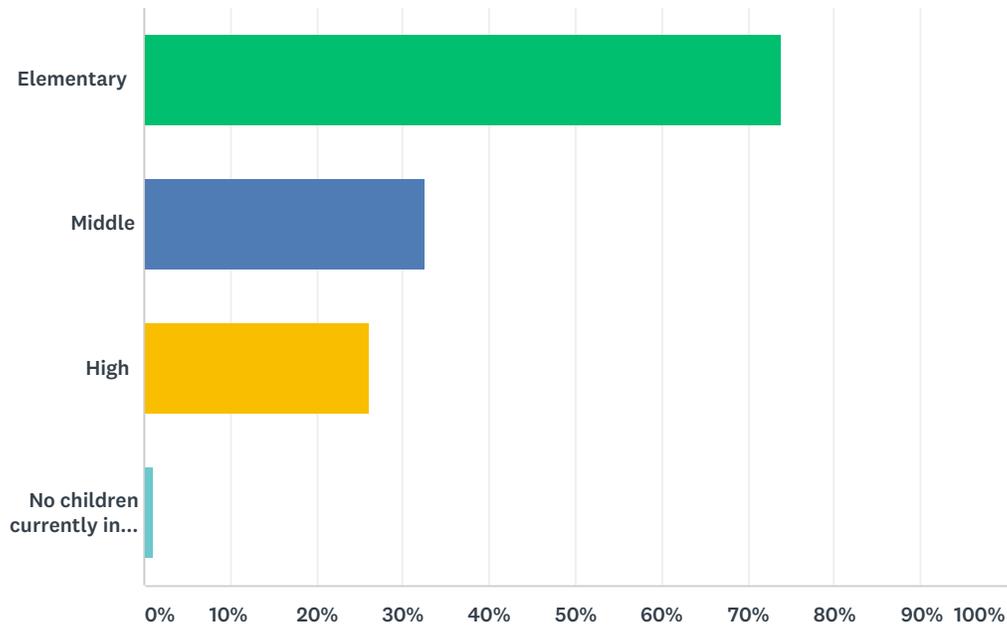
Answered: 514 Skipped: 0



ANSWER CHOICES	RESPONSES	
A parent of a current MCPS student	79.38%	408
A student in MCPS	0.78%	4
A teacher in MCPS	4.28%	22
An employee in MCPS other than teacher	1.95%	10
None of the above	17.70%	91
Total Respondents: 514		

Q2 What are the current school levels of your children or your current school level (select all that apply)?

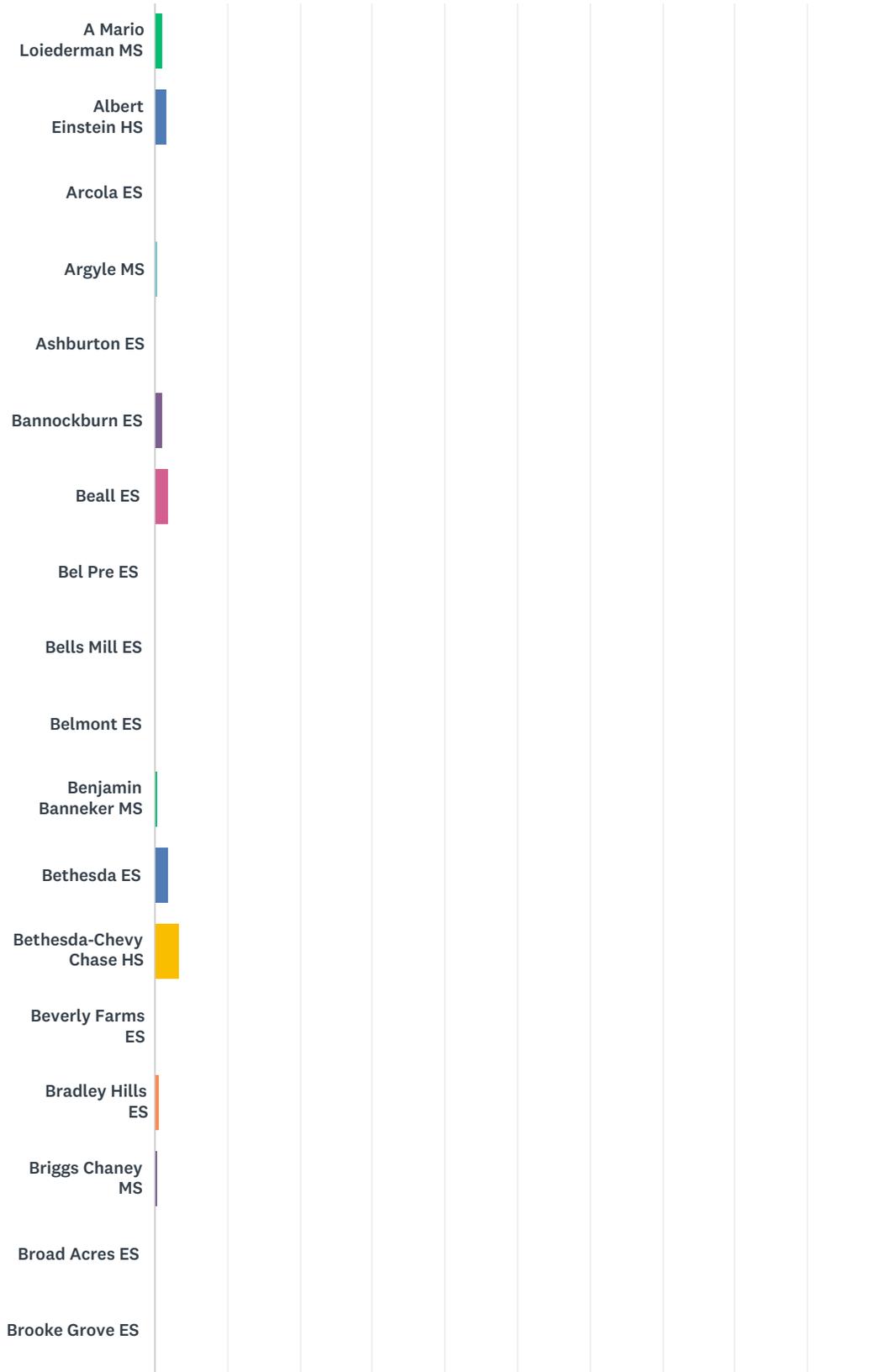
Answered: 418 Skipped: 96



ANSWER CHOICES	RESPONSES	
Elementary	73.92%	309
Middle	32.54%	136
High	26.08%	109
No children currently in school	0.96%	4
Total Respondents: 418		

Q3 Which MCPS schools do your children or you currently attend or for MCPS employees, at which school(s) do you work?

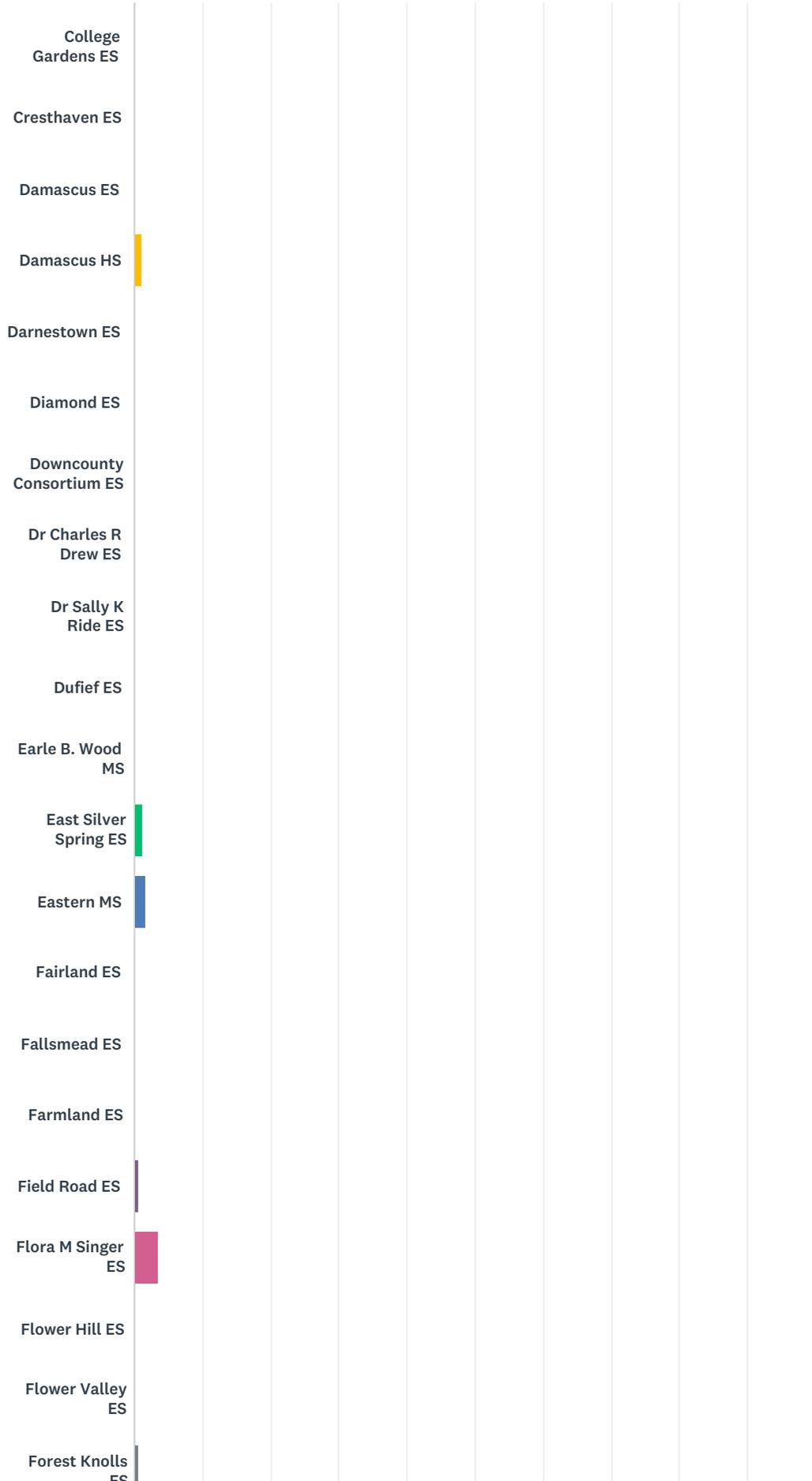
Answered: 418 Skipped: 96



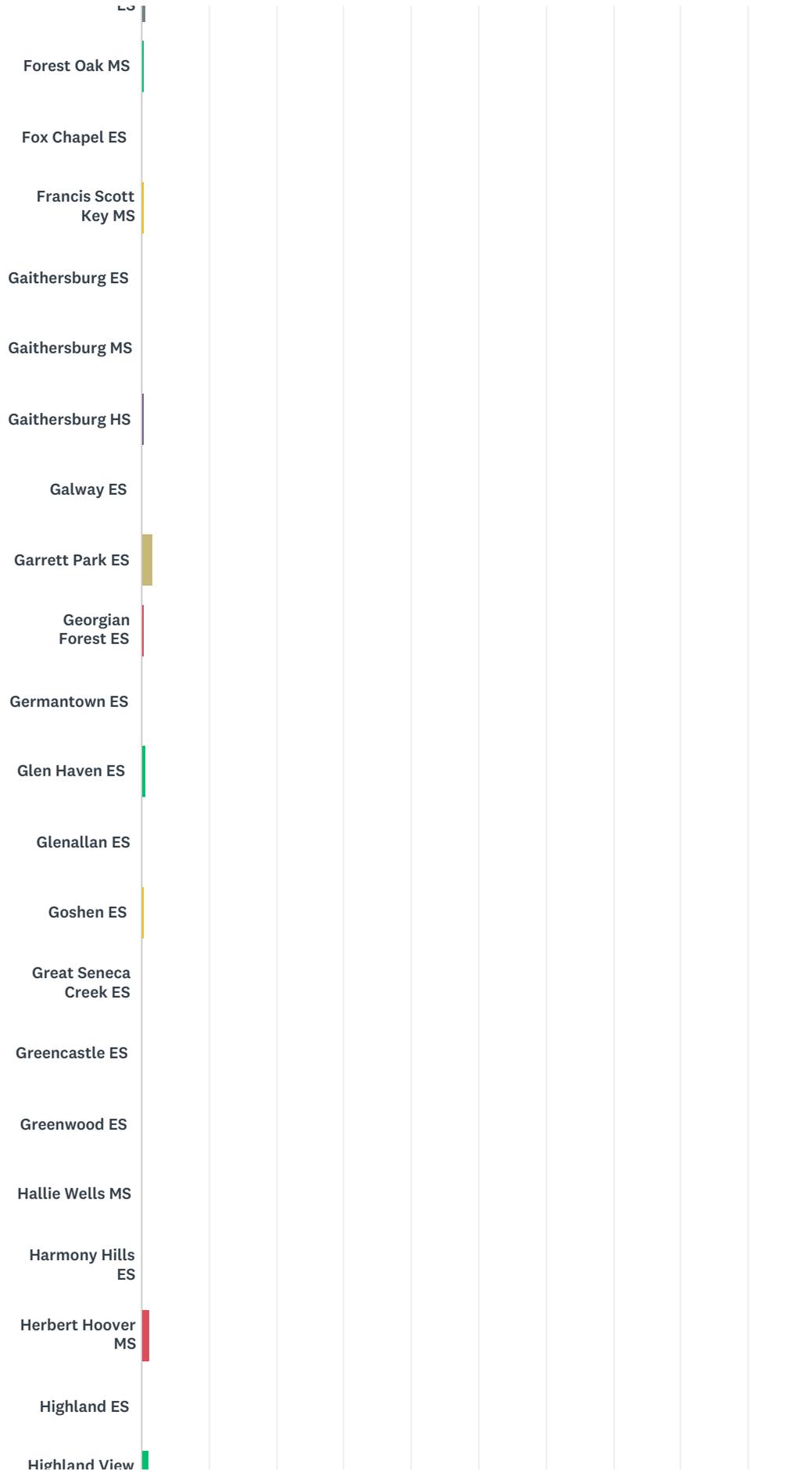
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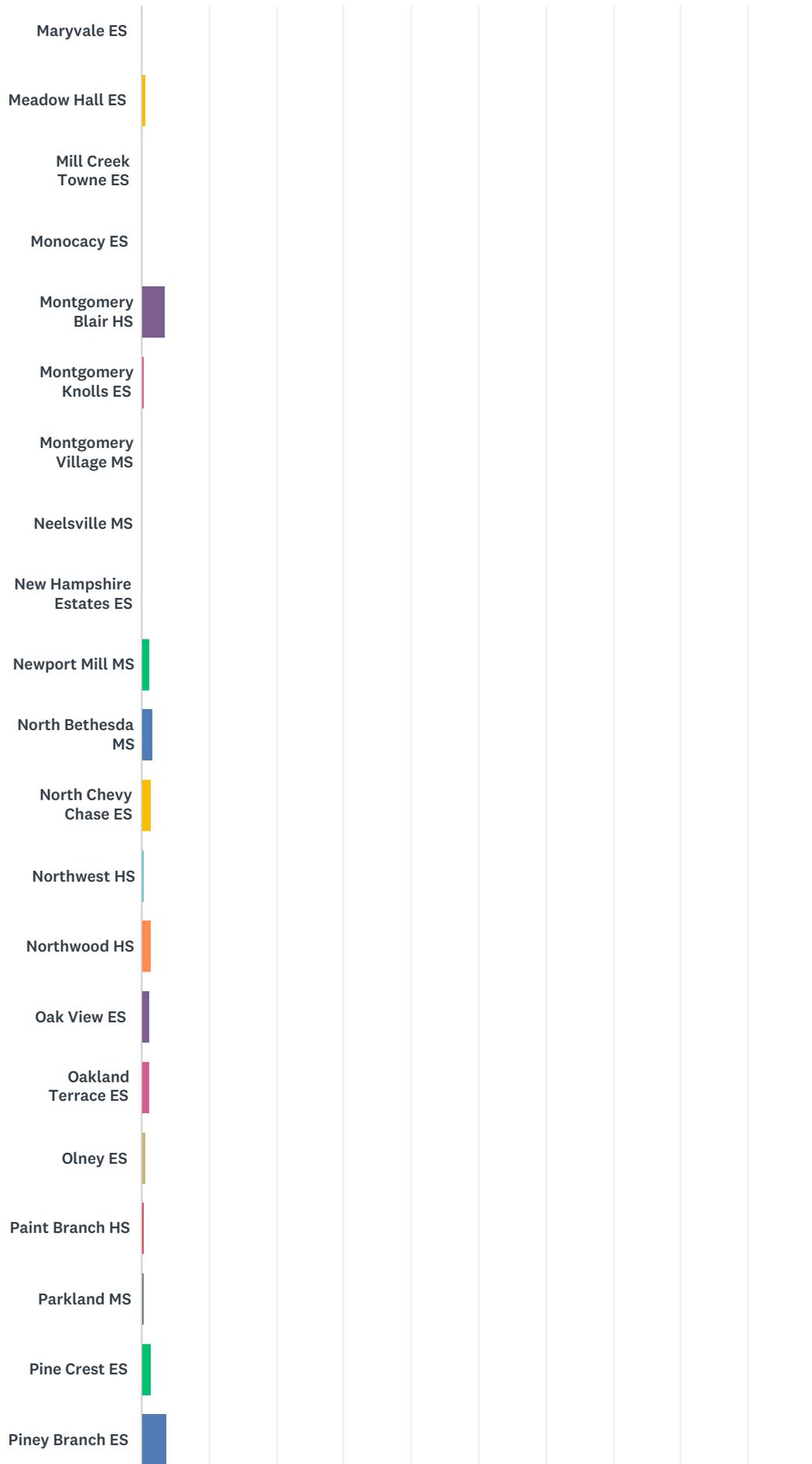
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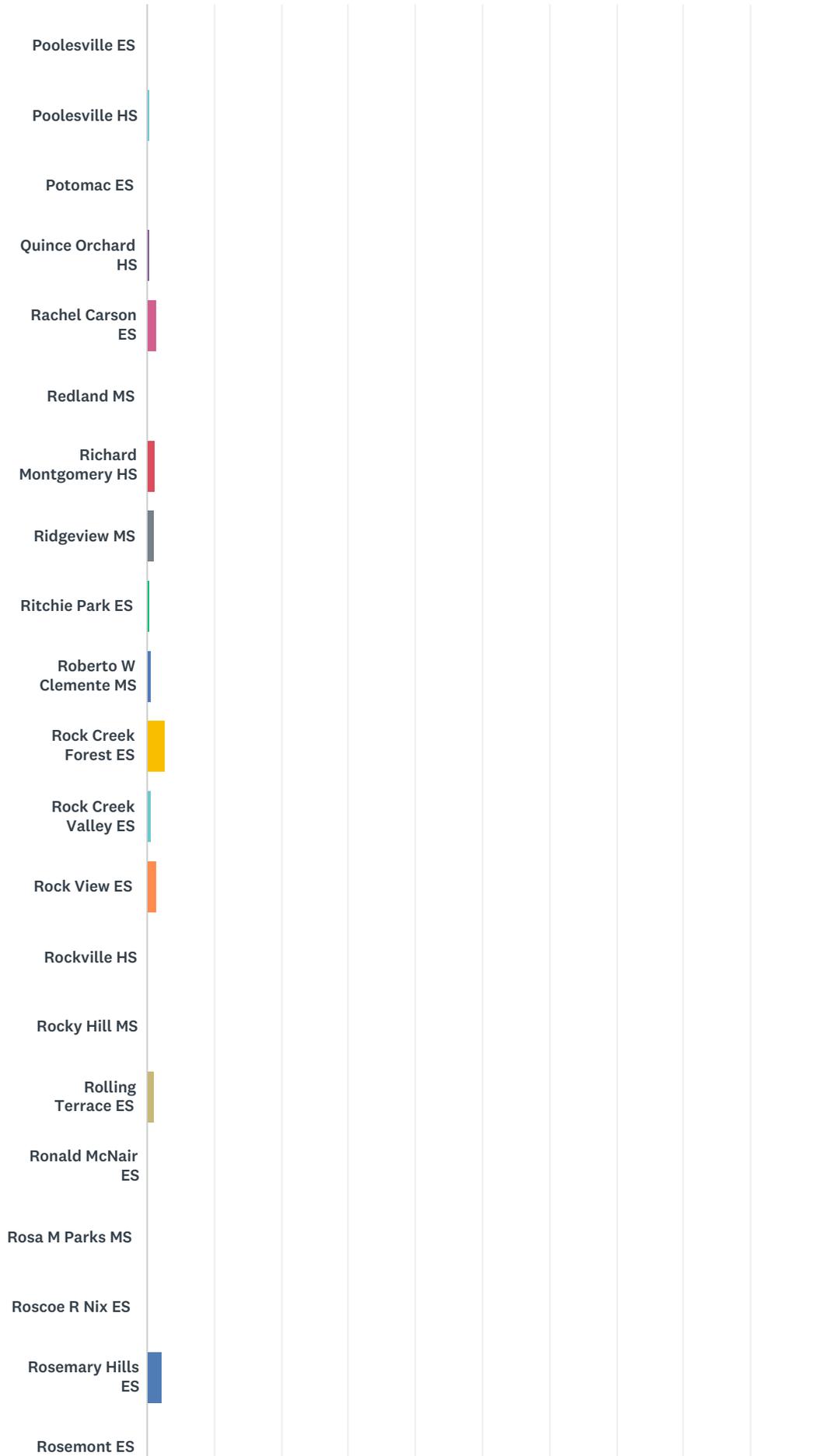
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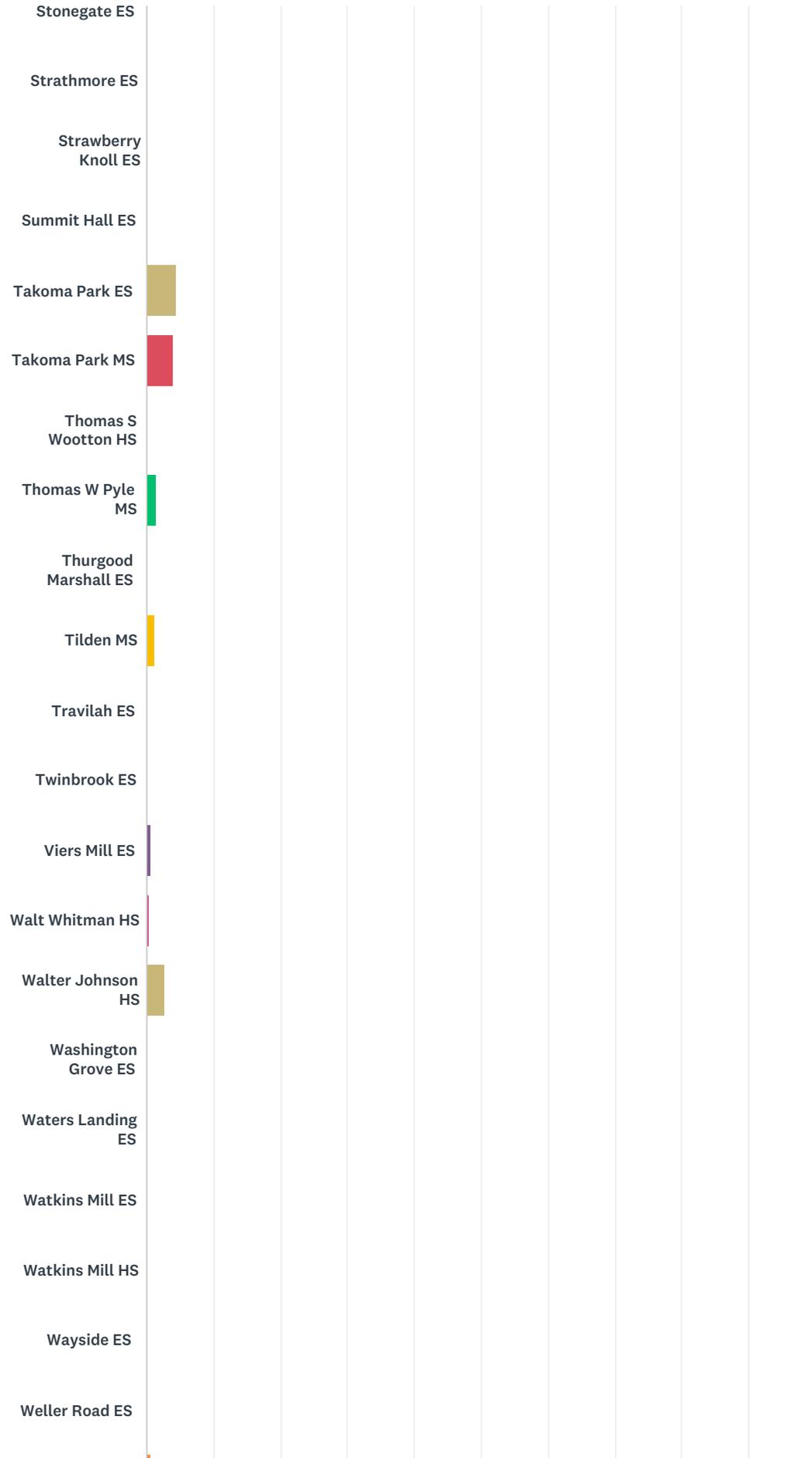
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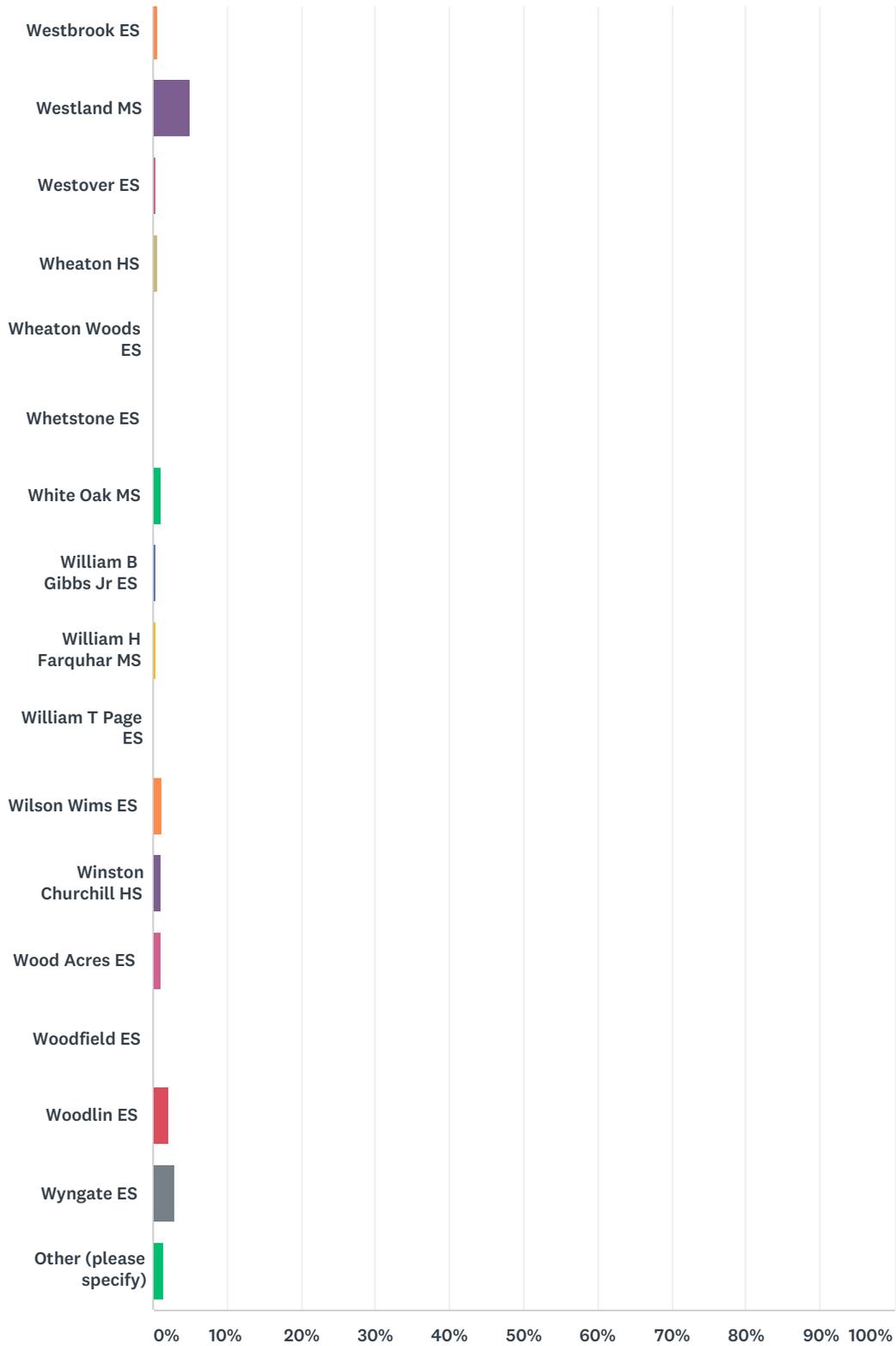
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2018 Real Food for Kids - Montgomery Parent Priorities Survey



2018 Real Food for Kids - Montgomery Parent Priorities Survey



ANSWER CHOICES	RESPONSES	
A Mario Loiederman MS	0.96%	4
Albert Einstein HS	1.67%	7
Arcola ES	0.00%	0
Argyle MS	0.48%	2

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Ashburton ES	0.00%	0
Bannockburn ES	0.96%	4
Beall ES	1.91%	8
Bel Pre ES	0.24%	1
Bells Mill ES	0.00%	0
Belmont ES	0.24%	1
Benjamin Banneker MS	0.48%	2
Bethesda ES	1.91%	8
Bethesda-Chevy Chase HS	3.35%	14
Beverly Farms ES	0.00%	0
Bradley Hills ES	0.72%	3
Briggs Chaney MS	0.48%	2
Broad Acres ES	0.24%	1
Brooke Grove ES	0.24%	1
Brookhaven ES	0.24%	1
Brown Station ES	0.00%	0
Burning Tree ES	0.72%	3
Burnt Mills ES	0.48%	2
Burtonsville ES	0.00%	0
Cabin Johns MS	0.24%	1
Candlewood ES	1.44%	6
Cannon Road ES	0.48%	2
Capt James E Daly ES	0.00%	0
Carderock Springs ES	0.48%	2
Cashell ES	0.00%	0
Cedar grove ES	0.24%	1
Chevy Chase ES	0.72%	3
Clarksburg ES	0.00%	0
Clarksburg HS	0.24%	1
Clearspring ES	0.24%	1
Clopper Mills ES	0.00%	0
Cloverly ES	1.20%	5
Col E Brooke Lee MS	0.24%	1
Col Zadok Magruder HS	0.48%	2

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Cold Spring ES	0.00%	0
College Gardens ES	0.24%	1
Cresthaven ES	0.24%	1
Damascus ES	0.24%	1
Damascus HS	0.96%	4
Darnestown ES	0.00%	0
Diamond ES	0.24%	1
Downcounty Consortium ES	0.00%	0
Dr Charles R Drew ES	0.24%	1
Dr Sally K Ride ES	0.00%	0
Dufief ES	0.00%	0
Earle B. Wood MS	0.00%	0
East Silver Spring ES	1.20%	5
Eastern MS	1.67%	7
Fairland ES	0.24%	1
Fallsmead ES	0.24%	1
Farmland ES	0.24%	1
Field Road ES	0.72%	3
Flora M Singer ES	3.59%	15
Flower Hill ES	0.24%	1
Flower Valley ES	0.00%	0
Forest Knolls ES	0.72%	3
Forest Oak MS	0.48%	2
Fox Chapel ES	0.24%	1
Francis Scott Key MS	0.48%	2
Gaithersburg ES	0.00%	0
Gaithersburg MS	0.24%	1
Gaithersburg HS	0.48%	2
Galway ES	0.00%	0
Garrett Park ES	1.67%	7
Georgian Forest ES	0.48%	2
Germantown ES	0.00%	0
Glen Haven ES	0.72%	3
Glenallan ES	0.24%	1
Goshen ES	0.48%	2

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Great Seneca Creek ES	0.00%	0
Greencastle ES	0.00%	0
Greenwood ES	0.24%	1
Hallie Wells MS	0.24%	1
Harmony Hills ES	0.00%	0
Herbert Hoover MS	1.20%	5
Highland ES	0.24%	1
Highland View ES	0.96%	4
Jackson Road ES	0.48%	2
James Hubert Blake HS	0.96%	4
John F Kennedy HS	0.72%	3
John Poole MS	0.00%	0
John T Baker MS	0.00%	0
Jones Lane ES	0.24%	1
Judith A Resnik ES	0.00%	0
Julius West MS	0.72%	3
Kemp Mill ES	0.24%	1
Kensington Parkwood ES	0.96%	4
Kingsview MS	0.48%	2
Lake Seneca ES	0.24%	1
Lakelands Park MS	0.48%	2
Lakewood ES	0.24%	1
Laytonsville ES	0.24%	1
Little Bennett ES	0.24%	1
Lois P Rockwell ES	0.00%	0
Lucy V Barnsley ES	0.96%	4
Luxmanor ES	0.00%	0
Martin Luther King MS	0.00%	0
Maryvale ES	0.24%	1
Meadow Hall ES	0.72%	3
Mill Creek Towne ES	0.00%	0
Monocacy ES	0.00%	0
Montgomery Blair HS	3.59%	15
Montgomery Knolls ES	0.48%	2
Montgomery Village MS	0.00%	0

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Neelsville MS	0.00%	0
New Hampshire Estates ES	0.00%	0
Newport Mill MS	1.20%	5
North Bethesda MS	1.67%	7
North Chevy Chase ES	1.44%	6
Northwest HS	0.48%	2
Northwood HS	1.44%	6
Oak View ES	1.20%	5
Oakland Terrace ES	1.20%	5
Olney ES	0.72%	3
Paint Branch HS	0.48%	2
Parkland MS	0.48%	2
Pine Crest ES	1.44%	6
Piney Branch ES	3.83%	16
Poolesville ES	0.24%	1
Poolesville HS	0.48%	2
Potomac ES	0.24%	1
Quince Orchard HS	0.48%	2
Rachel Carson ES	1.44%	6
Redland MS	0.00%	0
Richard Montgomery HS	1.20%	5
Ridgeview MS	0.96%	4
Ritchie Park ES	0.48%	2
Roberto W Clemente MS	0.72%	3
Rock Creek Forest ES	2.63%	11
Rock Creek Valley ES	0.72%	3
Rock View ES	1.44%	6
Rockville HS	0.24%	1
Rocky Hill MS	0.00%	0
Rolling Terrace ES	0.96%	4
Ronald McNair ES	0.24%	1
Rosa M Parks MS	0.24%	1
Roscoe R Nix ES	0.00%	0
Rosemary Hills ES	2.39%	10
Rosemont ES	0.24%	1

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S Christa Mcauliffe ES	0.00%	0
Sargent Shriver ES	0.24%	1
Seneca Valley HS	0.00%	0
Sequoyah ES	0.24%	1
Seven Locks ES	0.00%	0
Shady Grove MS	0.00%	0
Sherwood ES	1.67%	7
Sherwood ES	1.20%	5
Sherwood HS	0.48%	2
Silver Creek MS	1.20%	5
Silver Spring International MS	4.31%	18
Sligo Creek ES	6.22%	26
Sligo MS	1.20%	5
Somerset ES	2.87%	12
South Lake ES	0.24%	1
Spark M Matsunaga ES	0.00%	0
Springbrook HS	1.44%	6
Stedwick ES	1.20%	5
Stephen Knolls School	0.00%	0
Stone Mill ES	0.00%	0
Stonegate ES	0.24%	1
Strathmore ES	0.24%	1
Strawberry Knoll ES	0.24%	1
Summit Hall ES	0.00%	0
Takoma Park ES	4.31%	18
Takoma Park MS	4.07%	17
Thomas S Wootton HS	0.24%	1
Thomas W Pyle MS	1.44%	6
Thurgood Marshall ES	0.24%	1
Tilden MS	1.20%	5
Travilah ES	0.00%	0
Twinbrook ES	0.00%	0
Viers Mill ES	0.72%	3
Walt Whitman HS	0.48%	2

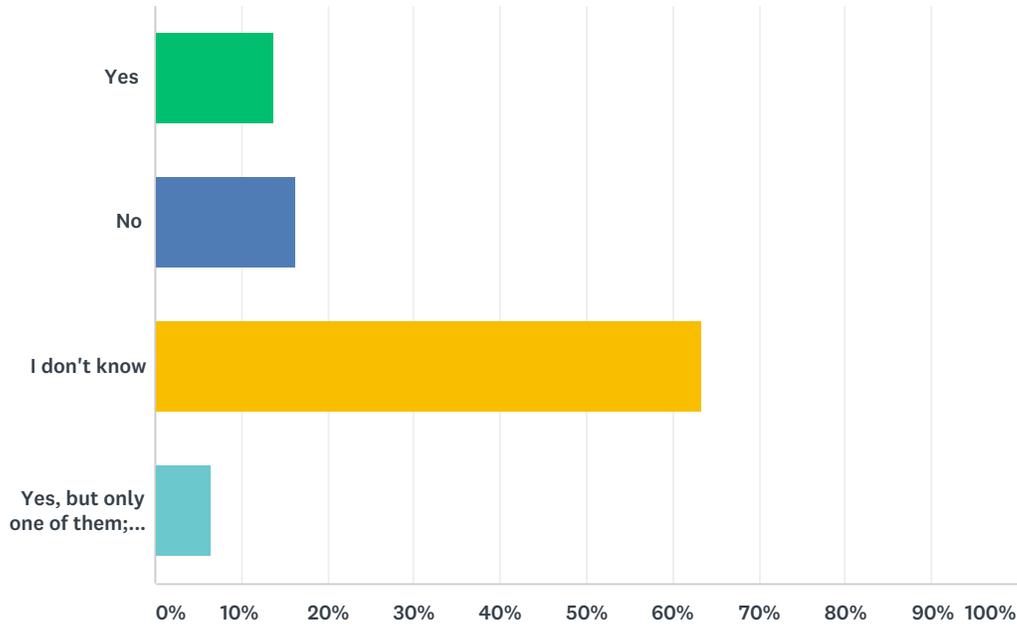
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Walter Johnson HS	2.63%	11
Washington Grove ES	0.00%	0
Waters Landing ES	0.00%	0
Watkins Mill ES	0.24%	1
Watkins Mill HS	0.24%	1
Wayside ES	0.00%	0
Weller Road ES	0.24%	1
Westbrook ES	0.72%	3
Westland MS	5.02%	21
Westover ES	0.48%	2
Wheaton HS	0.72%	3
Wheaton Woods ES	0.00%	0
Whetstone ES	0.24%	1
White Oak MS	0.96%	4
William B Gibbs Jr ES	0.48%	2
William H Farquhar MS	0.48%	2
William T Page ES	0.00%	0
Wilson Wims ES	1.20%	5
Winston Churchill HS	0.96%	4
Wood Acres ES	0.96%	4
Woodfield ES	0.00%	0
Woodlin ES	2.15%	9
Wyngate ES	2.87%	12
Other (please specify)	1.44%	6
Total Respondents: 418		

#	OTHER (PLEASE SPECIFY)	DATE
1	YMCA - they get MCPS lunch	3/7/2018 12:26 AM
2	Washington Waldorf School	3/6/2018 11:24 PM
3	N/a	3/6/2018 4:45 PM
4	Infants and Toddlers	2/26/2018 5:34 PM
5	My children attend private school; my older son attended Pine Crest ES in 3rd grade.	2/15/2018 5:29 PM
6	al-huda privet	2/15/2018 5:26 PM

Q4 Is there an active Wellness Committee/Team at child(ren)'s/your school(s)?

Answered: 418 Skipped: 96



ANSWER CHOICES	RESPONSES	
Yes	13.88%	58
No	16.27%	68
I don't know	63.40%	265
Yes, but only one of them; name of school with committee (if children are in more than one school):	6.46%	27
TOTAL		418

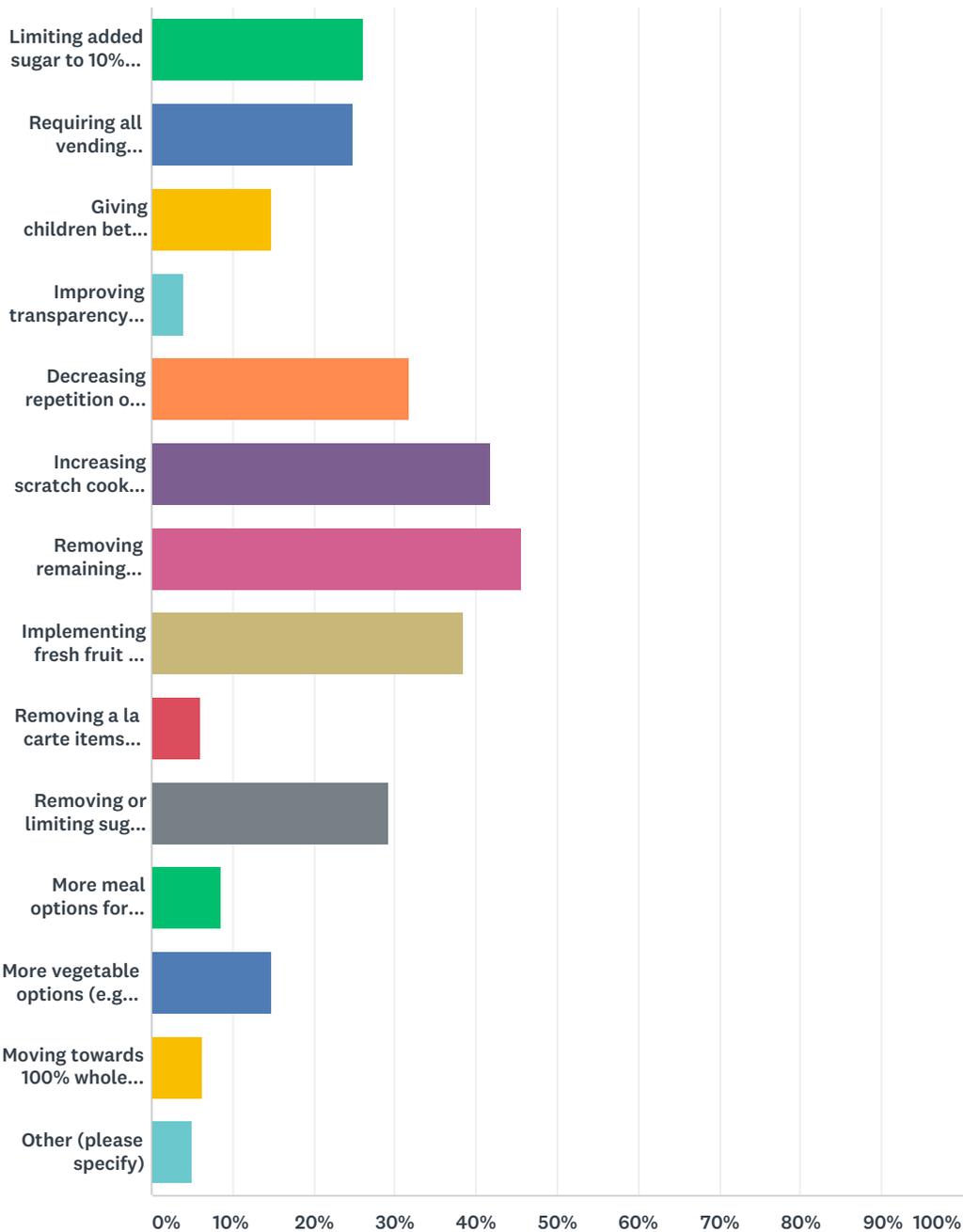
#	YES, BUT ONLY ONE OF THEM; NAME OF SCHOOL WITH COMMITTEE (IF CHILDREN ARE IN MORE THAN ONE SCHOOL):	DATE
1	Garrett Park ES has a Nutrition committee	3/7/2018 11:44 PM
2	Somerset ES	3/7/2018 11:16 AM
3	RVES. Not sure about NMMS	3/7/2018 12:46 AM
4	Rock View ES	3/6/2018 11:11 PM
5	Rock Creek Forest	3/6/2018 11:08 PM
6	Takoma Elementary and Piney Branch Elementary	3/6/2018 10:40 PM
7	Somerset ES and Westland MS	3/6/2018 6:21 PM
8	Rock creek forest elementary school	3/6/2018 6:06 PM
9	Flower Hill	3/6/2018 4:51 PM
10	Watkins Mill High School	3/6/2018 4:45 PM
11	Westland	3/6/2018 4:42 PM
12	Silver spring intl MS	3/6/2018 4:38 PM

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13	Chevy Chase	3/6/2018 4:32 PM
14	Eastern. - yes. Blair - I don't know.	3/6/2018 4:15 PM
15	Eastern MS	2/28/2018 2:14 PM
16	Somerset	2/27/2018 1:29 PM
17	Westbrook ES	2/27/2018 11:21 AM
18	Watkins Mill HS	2/27/2018 8:49 AM
19	At Somerset not westland	2/26/2018 7:01 PM
20	There used to be an active Wellness Committee but sadly this committee is no longer focusing on overall wellness.	2/21/2018 4:40 PM
21	SSIMS	2/19/2018 8:40 AM
22	Bhes and pyle	2/16/2018 9:40 AM
23	Piney Branch Elementary School	2/16/2018 8:28 AM
24	Yes for Cloverly, unknown for Drew	2/15/2018 10:46 PM
25	I believe there is one representative, but not sure if there is a whole committee	2/15/2018 4:47 PM
26	K	2/15/2018 3:27 PM
27	pbes	2/15/2018 12:26 PM

Q7 What are your three highest priorities for changes to the food provided by MCPS in its cafeterias or vending machines? Pick up to 3.

Answered: 446 Skipped: 68



ANSWER CHOICES	RESPONSES
Limiting added sugar to 10% of calories in school meals (total sugar currently limited to 35% of calories by weight).	26.23% 117
Requiring all vending machines to be Smart Snacks compliant 24 hours/day (i.e., no candy, soda, sports drinks).	24.89% 111
Giving children better access to water in school cafeterias.	14.80% 66
Improving transparency about a la carte items, nutrition information and ingredients of school foods.	4.04% 18

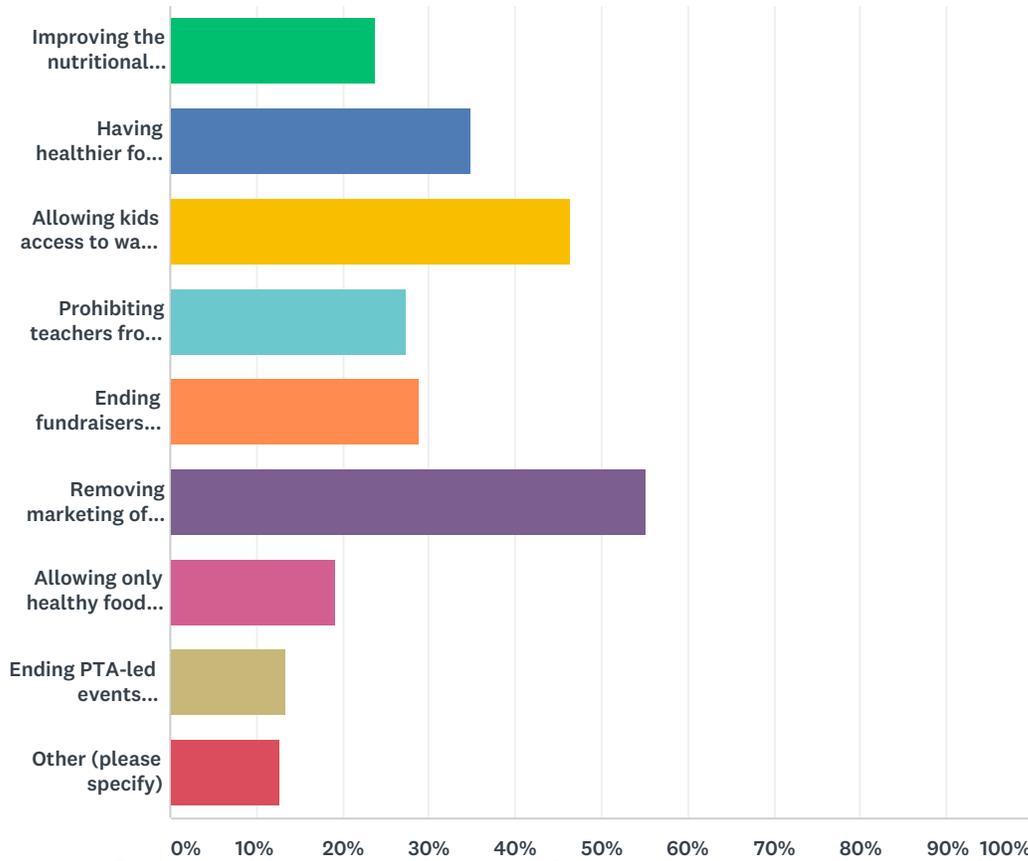
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Decreasing repetition of pizza, burgers, fries and processed chicken.	31.84%	142
Increasing scratch cooking at the central or school level and decreasing processed food items.	41.93%	187
Removing remaining chemicals deemed "caution" or "avoid" by Center for Science in the Public Interest (artificial flavors including vanillin; artificial sweeteners (including cyclamates and sucralose); BHT; glutamate-containing additives, including autolyzed yeast, Torula yeast, and hydrolyzed vegetable protein; partially hydrogenated oils/artificial trans fats; high fructose corn syrup (HFCS); azodicarbonamide; sodium benzoate; Brominated Vegetable Oil (BVO); sodium nitrite/nitrate; Mycoprotein (Quorn); and sulfites/SO2.)	45.52%	203
Implementing fresh fruit and vegetable/salad bars in schools.	38.57%	172
Removing a la carte items from elementary schools (except fruits, vegetables and milk).	6.05%	27
Removing or limiting sugary a la carte items from all schools.	29.37%	131
More meal options for special diets (e.g., vegetarian, vegan, gluten-free, etc.)	8.52%	38
More vegetable options (e.g., cooked, roasted, etc.)	14.80%	66
Moving towards 100% whole grain vs. whole grain rich (50% whole grain) grain products.	6.28%	28
Other (please specify)	4.93%	22
Total Respondents: 446		

#	OTHER (PLEASE SPECIFY)	DATE
1	Get rid of pancakes and French toast sticks. Kids drink the syrup. The syrup makes a huge mess.	3/7/2018 6:41 AM
2	Increasing organic options; Eliminating artificial colors and flavors.	3/6/2018 10:26 PM
3	more and better recycling of cans & bottles, especially at vending machines	3/6/2018 9:11 PM
4	providing meals for those who don't have enough to eat	3/6/2018 9:01 PM
5	Hormone free and antibiotic free foods	3/6/2018 5:14 PM
6	Allowing elementary children a few more minutes to eat.	3/6/2018 4:23 PM
7	Offering more plant-based, meatless meals	3/6/2018 4:13 PM
8	More options in Elementary School we have the same thing every week	2/28/2018 9:37 AM
9	Healthier meal options	2/27/2018 11:27 PM
10	Start serving fish in schools	2/27/2018 1:32 PM
11	Limiting sugar and removing chemicals options above	2/27/2018 11:25 AM
12	increasing lunch times for high schoolers	2/27/2018 9:27 AM
13	Re-introduce the Salad Bar!	2/26/2018 11:41 PM
14	Adding protein rich choices for breakfast at schools	2/26/2018 6:41 PM
15	access to fluoride free water until WSSC stops adding it	2/26/2018 6:06 PM
16	Offering fresh, high-quality, healthy food options that actually TASTE GOOD!!	2/26/2018 5:42 PM
17	I don't know the current foods so can't address changes	2/26/2018 5:26 PM
18	reducing my child's access to free breakfast in the classroom	2/26/2018 5:25 PM
19	my son (3rd grader) has requested meals made with real eggs.	2/15/2018 10:38 PM
20	The students and parents need nutrition education in the classroom, prefer provided by a registered dietitian (RD) so students can learn to read labels and make healthy choices on their own.	2/15/2018 2:41 PM
21	Getting rid of cinnamon buns and pancakes for breakfast	2/15/2018 12:02 PM
22	Improve drinking water fountain quality	2/15/2018 12:00 PM

Q8 What are your top three priorities for changes to school food outside of the food provided by MCPS? (Pick up to 3).

Answered: 446 Skipped: 68



Note: for approx. first 100 respondents, 3 answers were required; some indicated they didn't have 3 priorities so their responses were removed (see highlights below)

ANSWER CHOICES	RESPONSES	
Improving the nutritional value of daily snacks provided by parents at my child's school.	23.1% 23.77%	103 106
Having healthier food options at class parties.	34.5% 34.98%	154 156
Allowing kids access to water bottles.	46.41%	207
Prohibiting teachers from providing food rewards.	26.9%	120
Ending fundraisers that sell unhealthy food.	27.35% 28.7%	122 128
Removing marketing of unhealthy food in my child's school.	28.7% 54.7%	129 244
Allowing only healthy foods on "share" table in cafeteria.	54.7% 19.1%	246 85
Ending PTA-led events featuring unhealthy foods.	19.1% 13.2%	86 59
Other (please specify)	12.78%	57
Total Respondents: 446		

#	OTHER (PLEASE SPECIFY)	DATE
1	healthier food served in the cafeteria	3/8/2018 7:33 PM

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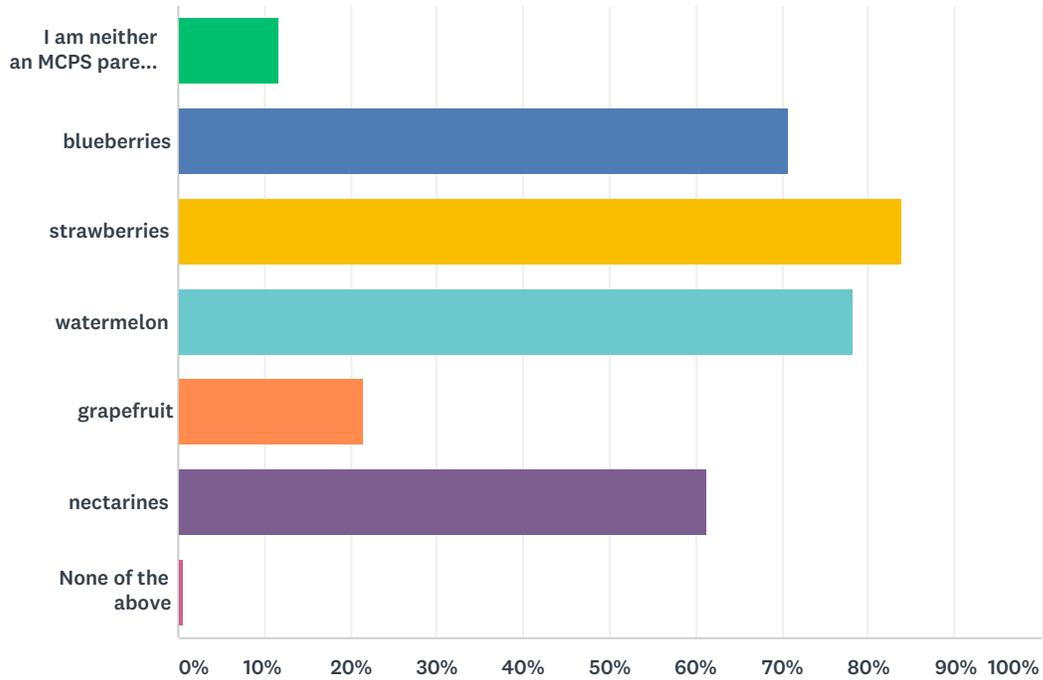
2	We need to be careful about controlling others, most PTA events have parents there, so can decide what their kids eat. We can't control what our kids are given at class parties, so that is an area that should be limited.	3/8/2018 6:34 PM
3	I am less concerned about this - not an issue. For example, our school does not allow birthday treats anymore due to allergies	3/8/2018 1:40 PM
4	Limiting vending machines to healthy foods and non sugar drinks	3/6/2018 11:32 PM
5	I think that desserts and treats should be allowed at school parties and bake sales. It is important to teach children about moderation. Also, why risk alienating people who would otherwise support healthy eating by taking away enjoyable events such as parties and bake sales that make money for the school. The volunteers on the PTA work hard enough and are under appreciated as is, why make their lives harder by taking away tried and true fundraising methods. Don't throw away the baby with the bath water.	3/6/2018 10:37 PM
6	Eliminate juice boxes at class, group events. Kids mix up which is their's (because they all look the same) so kids ditch them. What a waste! Plus, juice boxes are not recyclable (not really). Instead, offer water or watered down juice/lemonade in small paper or reusable cups. Very manageable :)	3/6/2018 9:11 PM
7	Filtered water fountain to refill reusable water bottles	3/6/2018 6:36 PM
8	No candy rewards	3/6/2018 4:47 PM
9	I think outside treats are OK occasionally	3/6/2018 4:21 PM
10	None of these concerns rate as high as the previous question	3/6/2018 4:21 PM
11	None	3/6/2018 4:21 PM
12	There should be less restrictions on what they can bring in and more emphasis on including what ingredients are in the food we are missing out on a variety of ethnically oriented experiences because people cant bring in homemade goods I think all of the items listed above are ridiculous restraints on many of the families at my school. A bowl of fresh fruit is really expensive and then when you add that they have 30 kids in a class its crazy.	2/28/2018 9:37 AM
13	I am happy to let treats remain. Room for sweets and treats if it's a special thing	2/27/2018 11:47 PM
14	I believe that treats from teachers and classmates is fine, but that also requires that the regular diet at the cafeteria improve dramatically; there should be less processed food, less sugar, more whole grains and whole vegetables, and no juice in the cafeteria.	2/27/2018 1:31 PM
15	I am otherwise pretty happy with this area.	2/27/2018 11:25 AM
16	Many of these don't apply to high school	2/27/2018 10:08 AM
17	If we ban unhealthy food I think there will be a backlash I'd say all fundraisers have to feature both healthy and unhealthy just as there have to be nut free options. I think there will be some pick up of banana bread or carrot muffins even when rice crispie treats are there competing.	2/27/2018 9:22 AM
18	Making sure organizations like this are held accountable for lying.	2/27/2018 9:02 AM
19	allowing homemade food	2/27/2018 4:59 AM
20	Don't let little kids buy chips, processed add ons.	2/26/2018 9:28 PM
21	Limit candy and junk food (fruit loops) given out by teachers	2/26/2018 8:52 PM
22	encourage farm to table	2/26/2018 8:51 PM
23	Autism Program/behavioral therapy giving unhealthy food rewards ALL DAY	2/26/2018 6:40 PM
24	More education and ideas of eating healthy rather than banning certain foods.	2/26/2018 6:34 PM
25	No junk food available in vending machines	2/26/2018 6:24 PM
26	Finding cost effective ways to provide healthy food. When I had to plan dinner at math night for 400+ people, our budget only allowed for pizza and soda because it was our cheapest option. Many fast food places have deals for schools, but maybe starting a connection for places to give discounts for healthy food items so we can afford them on a small budget.	2/26/2018 5:38 PM
27	stop kidsco providing awful unhealthy snacks	2/26/2018 5:36 PM
28	These are not big issues to me	2/26/2018 5:34 PM

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29	none--food not permitted in classroom or school activities due to concerns about allergies	2/26/2018 5:28 PM
30	I don't know the current foods so can't address changes	2/26/2018 5:26 PM
31	Look at existing products that use less sugars, Newman's and Honest Tea are two examples	2/26/2018 5:19 PM
32	get rid of the vending machines. Also, the water in the vending machine costs MORE than the sodas.	2/26/2018 5:18 PM
33	Let's not go overboard here.	2/17/2018 9:17 PM
34	Increasing parents knowledge of healthier snack options	2/16/2018 12:40 PM
35	Ending school-distributed unhealthy treats (such as Valentine's day candy with artificial ingredients)	2/16/2018 10:54 AM
36	I really don't mind unhealthy snacks and fundraisers. I mind school food that is so poor we don't utilize the lunch program!	2/16/2018 9:48 AM
37	None	2/16/2018 6:43 AM
38	COOK food, don't warm it up!	2/15/2018 8:16 PM
39	I'm not worried about this. This question makes me select three options, but I want to select Not Applicable. Respondent's answers removed from totals	2/15/2018 5:55 PM
40	Actually, school food outside the MCPS provided school is great at my school. I was forced to choose three, but none of these apply. Respondent's answers removed from totals	2/15/2018 4:14 PM
41	Don't care about any of these Respondent's answers removed from totals	2/15/2018 3:30 PM
42	Again, they need nutrition education to make their own choices with that information.	2/15/2018 2:41 PM
43	Sending home educational information to parents that provides lists and costs of healthy lunches/snacks along with an explanation of why it is important. Very important to show that cost can be lesser than processed food. And deal with time (to prepare) issue in some way	2/15/2018 2:35 PM
44	None of these options particularly bother me Respondent's answers removed from totals	2/15/2018 2:28 PM
45	I am very much opposed to water bottles due to the harm caused to the environment. Add filling stations to all schools and allow children to bring water bottles to class.	2/15/2018 2:14 PM
46	NA- I think special treats are ok	2/15/2018 2:11 PM
47	ban GMOs	2/15/2018 1:25 PM
48	Healthier snack options through after-care providers.	2/15/2018 12:55 PM
49	my kids' schools have already implemented most of these	2/15/2018 12:50 PM
50	I don't have three priorities in this category. You're survey is poorly designed if you're forcing people to make choices that they don't want to make. Respondent's answers removed from totals	2/15/2018 12:48 PM
51	?	2/15/2018 12:37 PM
52	not applicable	2/15/2018 12:37 PM
53	Having required snacks (kinder-2nd) be provided by the school, with healthy protein and produce combos.	2/15/2018 12:36 PM
54	Healthier breakfast options	2/15/2018 12:25 PM
55	None	2/15/2018 12:11 PM
56	Improving healthfulness of snacks providing by day care programs at schools	2/15/2018 12:06 PM
57	My children are future MCPS students, so I do not feel informed enough to prioritize. Respondent's answers removed from totals	2/15/2018 12:04 PM

Q9 Which of the following fresh fruits would your student(s) or you (for students) choose to eat if offered in the cafeteria? (select all that apply)

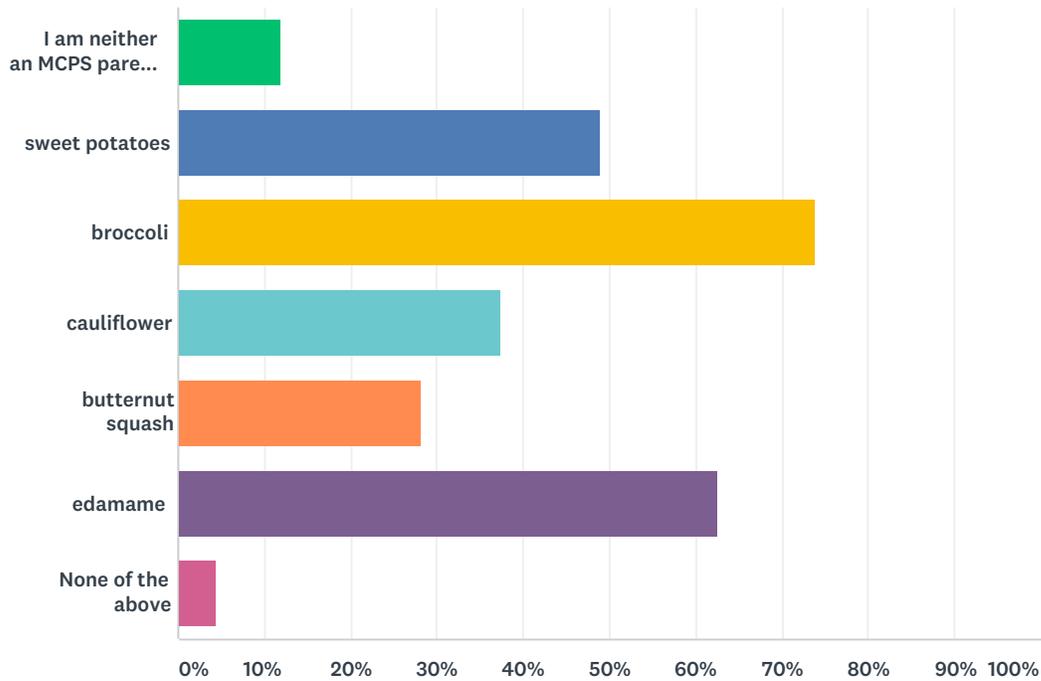
Answered: 441 Skipped: 73



ANSWER CHOICES	RESPONSES	
I am neither an MCPS parent nor student.	11.79%	52
blueberries	70.75%	312
strawberries	83.90%	370
watermelon	78.23%	345
grapefruit	21.54%	95
nectarines	61.22%	270
None of the above	0.68%	3
Total Respondents: 441		

**Q10 Which of the following fresh vegetables (raw or cooked) would your student(s) or you (for students) choose to eat if offered in their cafeteria?
(select all that apply)**

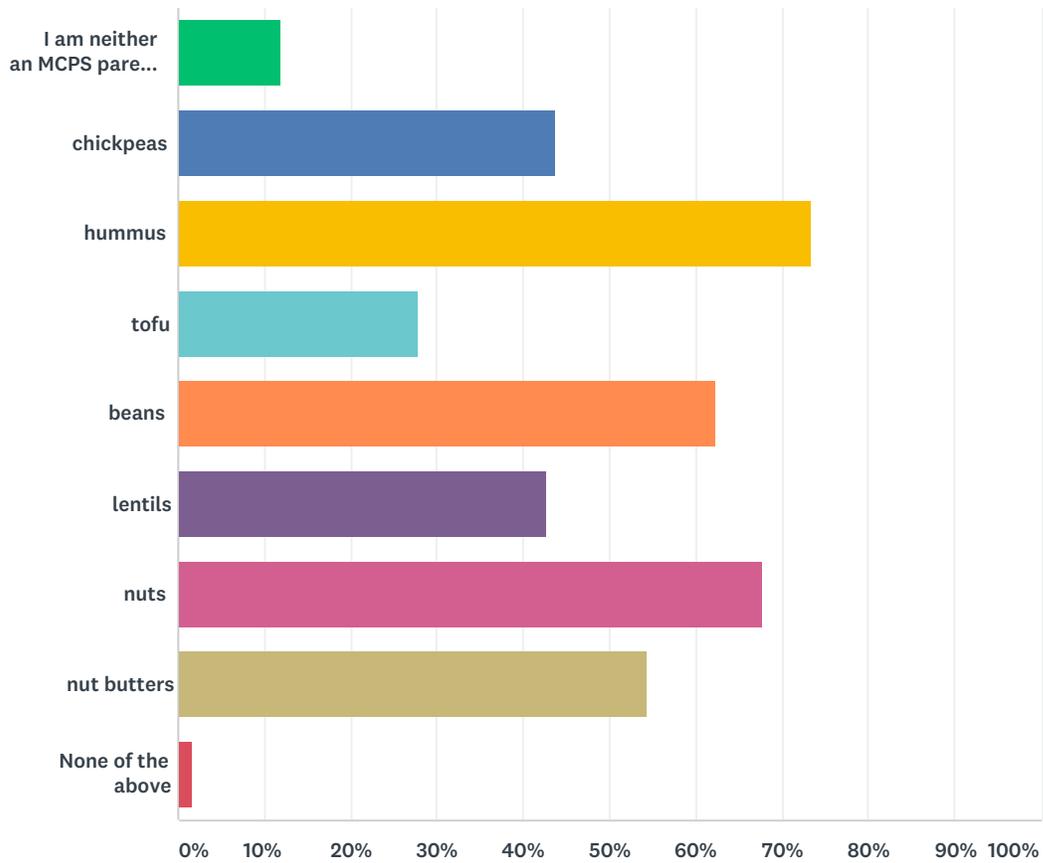
Answered: 441 Skipped: 73



ANSWER CHOICES	RESPONSES	
I am neither an MCPS parent nor student.	12.02%	53
sweet potatoes	48.98%	216
broccoli	73.92%	326
cauliflower	37.41%	165
butternut squash	28.34%	125
edamame	62.59%	276
None of the above	4.31%	19
Total Respondents: 441		

Q11 Which of the following plant-based proteins would your student(s) or you (for students) choose to eat if offered in the cafeteria?

Answered: 441 Skipped: 73



ANSWER CHOICES	RESPONSES	
I am neither an MCPS parent nor student.	12.02%	53
chickpeas	43.76%	193
hummus	73.47%	324
tofu	27.89%	123
beans	62.36%	275
lentils	42.63%	188
nuts	67.80%	299
nut butters	54.42%	240
None of the above	1.59%	7
Total Respondents: 441		

Q12 Why are you interested in the work of RFKM?

Answered: 261 Skipped: 253

#	RESPONSES	DATE
1	Because Mont. Co. school food is much worse than I thought it was.	3/8/2018 1:41 PM
2	America is fat and unhealthy	3/8/2018 10:10 AM
3	It promotes healthy school food - very important for long-term health and eating choices outside school.	3/8/2018 12:00 AM
4	Yes	3/7/2018 11:03 PM
5	I think you do great work!	3/7/2018 5:54 PM
6	I take nutrition seriously	3/7/2018 2:28 PM
7	Great organization	3/7/2018 2:17 PM
8	I truly care about the well being of our children. I KNOW that the quality and type of foods affect moods, concentration and health.	3/7/2018 1:39 PM
9	It's the only group that appears to be trying to change the quality of nutrition in MCPS	3/7/2018 1:19 PM
10	Healthy, fresh variety of foods cooked at the schools.	3/7/2018 1:19 PM
11	Good nutrition is essential for learning, and everything else!	3/7/2018 10:37 AM
12	Appalled by unhealthy school lunches and shocked there is soda in the schools.	3/7/2018 10:12 AM
13	General health of the nation	3/7/2018 8:04 AM
14	Food is vital to physical and brain health. There is too much sugar laden, processed food being served which is harming the brain health of neediest students.	3/7/2018 6:45 AM
15	Healthier food options	3/7/2018 5:18 AM
16	Proven success in making change in schools; advocacy is important when cafeteria food decisions seem opaque	3/7/2018 2:22 AM
17	I'm interested bc I care about the health of my kids and recognize that diet affects their performance in school	3/7/2018 12:22 AM
18	Eating healthy at a younger age is beneficial and I think what you guys are doing is progress!	3/6/2018 11:55 PM
19	The health of our future is at stake. Many students are reliant on school for food - we need to ensure we are teaching them healthy habits and properly nourishing them.	3/6/2018 11:39 PM
20	Who doesn't want healthy kids?	3/6/2018 11:34 PM
21	I'd like to see healthier food options for lunch so I don't need to pack a lunch every day!	3/6/2018 11:26 PM
22	Food = brain & body power	3/6/2018 11:16 PM
23	I want better, healthier food options at school.	3/6/2018 11:13 PM
24	Improve our children's health	3/6/2018 11:10 PM
25	To increase awareness and healthier kids	3/6/2018 11:08 PM
26	I am shocked by large amount of fried and sugar food my child's school serves on a regular basis. They serve mostly pizza, chicken nuggets/fried chicken sandwiches, fried cheese sticks, hamburgers, fried fish, sugary yogurt, and sugary breakfast foods. They do have carrots and apples which I appreciate. My children will only eat "kid friendly" veggies such as peas, carrots, corn, and green beans, and iceberg so I wouldn't want the school to serve things that aren't "kid friendly" since that would just end up in the trash.	3/6/2018 10:50 PM
27	Food health is important!	3/6/2018 10:42 PM
28	Childhood obesity and health issues related to poor diet is a huge problem in the US.	3/6/2018 10:39 PM

2018 Real Food for Kids - Montgomery Parent Priorities Survey

29	My child will be in the MCPS in 2 years and I want to see change happen. We should have whole foods available with no artificial colors and flavors, no growth hormone, pesticides or genetically modified crops in our kids' foods.	3/6/2018 10:27 PM
30	I don't know what that stands for.	3/6/2018 9:39 PM
31	I believe that all children deserve better food options and that whole food eating supports a stronger learning environment	3/6/2018 9:15 PM
32	Improving nutrition of school children and modeling good choices & behaviors at school are all important.	3/6/2018 9:14 PM
33	If more people are healthy, it's good for everyone.	3/6/2018 9:13 PM
34	because what we eat is health and our schools should be setting a better example if they are in the role of teaching	3/6/2018 9:12 PM
35	I care about our children's health. I want children to have access to organic, unprocessed, whole foods that are comprised of lots of plant-based, healthy fat and protein options.	3/6/2018 9:06 PM
36	My son will be starting school next fall. I want to see him have healthy options.	3/6/2018 8:56 PM
37	I make homemade & home cooked lunches every day for our kids, except I allow my youngest to buy lunch one day a week because he loves it.	3/6/2018 8:53 PM
38	The food offered at school is atrocious and this is not how we care for children	3/6/2018 8:00 PM
39	Health	3/6/2018 7:16 PM
40	I think that poor nutrition leads to many health problems in this country. We try to eat whole grains and vegetables as much as possible. We pack lunches for both kids every day, and send a snack as well. It's hard to find foods that keep well until lunch that the kids will eat, and we end up using lots of packaging (yogurt tubes and individual applesauce packets). Our 4th grader is extremely picky -- vegetarian and won't eat tofu or beans. Her main protein source is nuts and peanut butter. Challenging to send her with snacks that are healthy but okay to send to classrooms where there may be nut allergies. She ends up eating a lot of sugar/corn syrup because of class parties, events in aftercare or at our temple. Although I don't have time to get involved I'm happy that there are people who are worrying about these issues! Thank you!	3/6/2018 7:14 PM
41	I am paranoid about the chemicals in food and how greed prevails over children's well-being.	3/6/2018 6:38 PM
42	Personal interest and frustration at the options my children have access to at school (more so in elementary school than now - in middle school they have been choosing healthier).	3/6/2018 6:31 PM
43	Because obesity has become an epidemic in this country and it's sad.	3/6/2018 6:28 PM
44	I like my children to eat whole grains, and foods without artificial ingredients.	3/6/2018 6:19 PM
45	Food is fuel for our kids brains, we need healthy options.	3/6/2018 6:11 PM
46	I want my children to eat healthy in school.	3/6/2018 5:53 PM
47	Because the science is clear that plant foods are where health is, and we need to start with the children.	3/6/2018 5:49 PM
48	I am- did not know about it until survey	3/6/2018 5:41 PM
49	Our kids need better food choices. I would like less sugar and fresh fruits and vegetables. Eliminate flavored milks!	3/6/2018 5:39 PM
50	Keep posted on food in school	3/6/2018 5:33 PM
51	I don't like the highly processed food, high salt content and repetition	3/6/2018 5:29 PM
52	I am concerned about the quality of food in my children's school cafeteria. When I was a child in the 1970s and 1980s, our public school provided meals cooked from scratch (some items were canned). Microwaves either didn't exist or were unattainable.	3/6/2018 5:28 PM
53	The vending machines contributing to childhood obesity is deplorable.	3/6/2018 5:16 PM
54	I think it is a great project to go toward a fully functioning kitchen in all mcps schools.	3/6/2018 5:15 PM
55	I want my kids to have REAL food at school, not overly processed food microwaved in PLASTIC and high in sugar. bring back the real food.	3/6/2018 5:14 PM

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56	It is important for kids to learn healthy habits at home and at school and to have them reinforced at school through better food options.	3/6/2018 5:04 PM
57	I believe food is medicine, and kids today are eating poorly.	3/6/2018 4:59 PM
58	Because it is on behalf my my children and others in our county	3/6/2018 4:49 PM
59	A third party needs to monitor quality of food offered to students.	3/6/2018 4:49 PM
60	Poor quality of MCPS food offerings	3/6/2018 4:45 PM
61	Their is a lot of work to be done in promoting healthier options at school.	3/6/2018 4:44 PM
62	Kids need access to healthy food all the time. It is one of the most important things in life	3/6/2018 4:41 PM
63	It matter to take part in food and health care in school ,for the well being of our children.	3/6/2018 4:39 PM
64	Eating well and taking care of your body are essential for good learning and for developing life skills. We should feed our children with food we would want to eat and that is good for them and for the planet. Support local farmers and food hubs with seasonal and minimally processed food.	3/6/2018 4:38 PM
65	To continue improving MCPS' food service offerings	3/6/2018 4:34 PM
66	I am interested in my kids food at school.	3/6/2018 4:34 PM
67	Because I've seen firsthand the effects of food additives on my own children's behavior when they were younger. It wasn't pretty. And as a former teacher, I've seen the result multiplied.	3/6/2018 4:32 PM
68	My child will be entering the MCPS system.	3/6/2018 4:31 PM
69	I think all of society benefits when children learn and have healthy habits reinforced!	3/6/2018 4:30 PM
70	Because our children need better nutrition	3/6/2018 4:26 PM
71	I want my kids to eat healthy	3/6/2018 4:26 PM
72	I am the Grandmother of a MCPS student.	3/6/2018 4:26 PM
73	Food sucks in schools	3/6/2018 4:22 PM
74	I think kids, little kids especially, do not need to be tempted by unhealthy a la carte items.	3/6/2018 4:22 PM
75	The United States is so unhealthy and unwell, and schools should take the lead on supporting children in having healthier diets.	3/6/2018 4:22 PM
76	We eat healthy meals at home, and it would be nice to be able to buy meals at the school.	3/6/2018 4:21 PM
77	Because no one else is doing this work!	3/6/2018 4:20 PM
78	real food is better for all kids than salty and sugary pricessed food; kids can be encouraged to get nutrition from whole foods	3/6/2018 4:19 PM
79	Health improvement is my main interest of RFKM.	3/6/2018 4:17 PM
80	former MCPS parent, food system interest	3/6/2018 4:15 PM
81	My kids love salad and veggies, and I'd love to see more of that offered in schools.	3/6/2018 4:15 PM
82	my kids graduated from MCPS, and their food choices SUCKED compared to when i went attended MCPS	3/6/2018 4:14 PM
83	Not interested.	3/6/2018 4:13 PM
84	Snacks are a big component of my ES student's diet because of the very late lunch time she is assigned, and I want those snacks to be more nutritious.	3/6/2018 4:09 PM
85	My oldest child will be starting kindergarten in the fall and he would eat only sugar if he could! Hence, the need to focus his options on the healthier side.	3/2/2018 1:04 PM
86	To ensure our children are receiving the best quality foods.	2/28/2018 4:27 PM
87	The fact that MCPS feeds so many of its students is amazing. But MCPS needs to make sure the food is not low quality sugary. Thanks for your hard work!	2/28/2018 3:31 PM
88	healthier kids	2/28/2018 2:55 PM
89	I want all kids to have healthy choices as the only choices--not just my kid, but all kids--to build a nutritious base for a healthy future.	2/28/2018 2:10 PM

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90	I am interested in improving the food that the county serves the children. We have pizza twice a week every week and a lot of kids are fed up with pizza. We serve a breaded chicken patty on a roll with french fries and someone calls this nutritionally balanced not sure how. I would also like to go back to making fresh food in the building.	2/28/2018 9:41 AM
91	For the health and well-being of my child	2/27/2018 11:28 PM
92	Our kids health is suffering	2/27/2018 7:58 PM
93	To help support healthy eating habits in our youth so they will grow up to be healthy adults.	2/27/2018 3:24 PM
94	We need to stop serving burgers, fries, pizza, pancakes, we need healthier lunch options daily with fresh fruits, vegetables & healthy proteins. My daughter only chooses to buy lunch on the moderately healthy days.	2/27/2018 3:19 PM
95	I am vegan and think the schools should be balancing their food messaging to better promote plant-based diets.	2/27/2018 2:05 PM
96	it matters for children's health	2/27/2018 1:46 PM
97	I believe that kids need healthier diets in school -- and my children attend MCPS elementary schools.	2/27/2018 1:33 PM
98	Because food is an extremely important factor in our kids' development and wellbeing. Because I have both food industry and communications professional background and because I am appalled at how freely junk food and candy is promoted inside our elementary school during PTA events, classroom parties and fundraisers.	2/27/2018 12:52 PM
99	I believe that healthy food is an essential component of academic success.	2/27/2018 12:22 PM
100	In recent years (it seems) school lunches have become progressively more processed and less healthy. This is even more obvious after living overseas for the past 2 years where my kids at lentils and/or chicken with rice and/or fish with couscous and veggies - with a fruit cup.. every day at lunch. Lunch was the main meal of the day (in this country), but that doesn't really matter. You can have smaller portions if people don't want so much. It's real food; healthy food.	2/27/2018 12:08 PM
101	Because our children (sadly) are constantly being rewarded with processed, sweet / salty treats. This is wrong. Good eating habit need to start when they are young.	2/27/2018 12:01 PM
102	Real food should not be a socioeconomic advantage, and I want all kids including my own to see real/healthy food as normal.	2/27/2018 11:26 AM
103	Because we can have the power to change the food for our children at the schools.	2/27/2018 11:13 AM
104	My kids are extremely picky eaters and I'd like them to have more choices and see kids eating healthy food.	2/27/2018 10:55 AM
105	The food in the cafeteria is ridiculous and the vending machines are just as bad or worse. They learn in health class how to eat healthy and then the food that's right outside the classroom door is junk/not a good example of how to eat. Many of these students don't have good role models at home when it comes to eating so the educational environment needs to support the curriculum.	2/27/2018 10:12 AM
106	I have seen very little changes in the MCPS cafeterias - and am aware of other MD school systems doing better	2/27/2018 9:28 AM
107	To bring healthier foods and healthier bodies into the schools.	2/27/2018 9:27 AM
108	I'm not you're interested in my opinion and looking to boost your propaganda without actually doing adverse risk analysis for implementing most of what you have proposed.	2/27/2018 9:05 AM
109	n/a	2/27/2018 8:44 AM
110	I have two preschool kids and have already seen the influence that their teachers and peers have on food relationships and preferences. I want my kids to learn a healthy balance approach to food, with everything in moderation. My oldest enters kindergarten in the fall.	2/27/2018 8:08 AM
111	I don't want my kids eating processed food everyday for lunch	2/27/2018 8:05 AM
112	because I cannot believe how bad the school food is in the USA	2/27/2018 5:00 AM
113	Our society is leading kids to avoidable health disasters, so schools must be an important part of teaching healthful eating and ending harmful habits.	2/27/2018 2:50 AM
114	Concern for health.Opportunity to instruct in good nutrition.	2/27/2018 2:18 AM

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115	because we are what we eat and the level of highly processed, highly sweetened food in our kids diet is too great - leading to current behavior problems related to blood sugar spikes and crashes, etc., and to future, long-term health outcomes.	2/27/2018 1:16 AM
116	I want my own children and my students to be more healthy, happy, emotionally stable, and better behaved.	2/27/2018 12:33 AM
117	There is a need for healthier food options for kids!	2/26/2018 11:43 PM
118	Support the cause	2/26/2018 11:34 PM
119	Just trying to eat more nutritiously at home so I can set the example and to extend that to school so that kids can have healthy choices. It is hard to compete with the junk food available in the cafeteria and vending machines.	2/26/2018 11:33 PM
120	I am not — I do why I received this survey.	2/26/2018 11:30 PM
121	We need to support our children in making health decisions about the food they consume. IT may seem small, but setting a strong foundation and reinforcing good habits at an early age will set them up for success later in life.	2/26/2018 10:46 PM
122	Kids are healthier (physically and mentally) and perform better at school without sugar, artificial food coloring, other chemicals and preservatives.	2/26/2018 10:18 PM
123	healthy kids are part of a healthy community	2/26/2018 9:49 PM
124	Offering healthy and fresh options with regular access to water in and out of the lunch area. Removing candy and snacks especially the ones that contain concerning chemicals, flavorings and colorings.	2/26/2018 9:39 PM
125	We know the importance of nutrition in all aspects of a child's development.	2/26/2018 9:38 PM
126	My child eats microwaved bags of processed food, i.e. pancakes, sugary yogurts, buys chips constantly. The food is junk food. She's not getting fresh fruit and veg. She's gaining weight. The cafeteria staff can't or won't talk to her. Lunch when she buys is miserable for her. She's never complained in any of her other schools. There's not enough time for her to eat if she buys either. Sounds like there is room for improvement.	2/26/2018 9:32 PM
127	I want my son to eat healthy. He also has health issues and a healthy diet directly impacts his system.	2/26/2018 9:24 PM
128	Because Real food is my priority.	2/26/2018 9:03 PM
129	I do not like the options provided at school. The free breakfasts are awful. They are so overly sweetened. It seems crazy to give kindergarteners that much sugar and then expect them to sit still. I would love to see oatmeal instead of cinnamon rolls. Why not serve pancakes with fresh fruit instead of the sticky sugar coating? They claim to provide fresh fruit but it comes in the form of processed OJ? I would love to see healthy breakfast offered that consists of fresh fruit and whole grain and NO to very little added sweetener.	2/26/2018 9:02 PM
130	Really dissapointed in the meals and food environment at MCPS, at least from what I've seen thus far. I did my dissertation on a school in rural MD that has embraced school gardens, farm to table, etc. and the results are apparent.	2/26/2018 8:52 PM
131	Healthier foods promoted	2/26/2018 8:47 PM
132	It is my parents responsibility to take care of my child heath.	2/26/2018 8:39 PM
133	Because I am an advocate for natural and healthy food.	2/26/2018 8:20 PM
134	I would like to see improved options in schools especially for kids who don't have other options for meals.	2/26/2018 8:10 PM
135	My kids never have the option of buying school lunch because of the quality of the food. You are trying to change that.	2/26/2018 7:35 PM
136	Mcps serves extremely unhealthy food. I rarely let my kids eat hot lunch because it is so bad for them.	2/26/2018 7:05 PM
137	to forward their mission of improving nutrition in schools	2/26/2018 7:03 PM
138	Healthy foods will make a difference in study habits and learning	2/26/2018 6:56 PM

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139	I hope my kids will want to buy school lunches. I think the food offered should be a role model of how they should chose to eat.	2/26/2018 6:53 PM
140	The importance of what our children put in their bodies is paramount.	2/26/2018 6:46 PM
141	yes	2/26/2018 6:43 PM
142	Because I believe better food in school will also help the children learn better	2/26/2018 6:42 PM
143	my kids eat school food every day.	2/26/2018 6:41 PM
144	I see this as a primary equity issue. FARMS kids rely on this as the potentially only healthy meal of their day	2/26/2018 6:41 PM
145	My child eats lunch at school several times a week.	2/26/2018 6:31 PM
146	We need to improve the health and nutrition of our children! We are the adults, and this is what we owe our children!	2/26/2018 6:27 PM
147	Nutrition is important for growing kids.	2/26/2018 6:20 PM
148	44 years ago, as a teacher aide, I was upset to watch teachers using candy as rewards.Finally-you are doing this important work. After a few decades of work in lead poisoning prevention, I am now working to keep neurotoxic fluoride from affecting pregnant women and children. Institutionally, HHS / CDC public health programs keep insisting fluoride be added to water ostensibly to prevent cavities, while avoiding the sugar issue, a greater determinant of cavity status.	2/26/2018 6:16 PM
149	I'm glad some are interested in these issues. Seeking peer pressure influence to have kids eat more healthily.	2/26/2018 6:15 PM
150	healthy habits for kids	2/26/2018 6:02 PM
151	Because American food habits are awful. It's such a struggle fighting the added sugar, chemicals, pesticides, and highly processed foods (everywhere)	2/26/2018 6:00 PM
152	If healthier options were offered, we would be more likely to utilize the food services. What our kids eat and the options available are very important to how they do in school - and out.	2/26/2018 5:51 PM
153	Because I think that children need to have healthy foods in school. They don't always get healthy foods at home.	2/26/2018 5:49 PM
154	Because I think it is important to provide healthy food in schools.	2/26/2018 5:47 PM
155	Every morning I continue to make a nutritious variety of lunch meals that taste good for my middle school daughters. They have refused to eat school lunch since about 2nd grade, when they deemed it, "gross." It would be great if the county could figure out a way to offer the same rich variety of tasty, healthy foods that private schools, which operate on far smaller budgets, offer.	2/26/2018 5:47 PM
156	Nutrition is important, and should be part of kids' education.	2/26/2018 5:46 PM
157	I would like my son to have healthy food options at school.	2/26/2018 5:45 PM
158	i'm committed to a healthy life.	2/26/2018 5:44 PM
159	I think food choice is critical for good health.	2/26/2018 5:43 PM
160	it's important to offer nutritious foods in all aspects of our kids lives. not just at home	2/26/2018 5:42 PM
161	I have 1 kid who will start at MCPS next year, and another 2 years from now.	2/26/2018 5:39 PM
162	Nutrition impacts brain development which impacts our entire society	2/26/2018 5:38 PM
163	Kids at BCC have no option but to leave school or bring a bag lunch. There should be some edible food served in the cafeteria. Even if they provided fresh bagels that would be better than the food that is offered. Almost no one eats at the cafeteria. It is very expensive for the kids to eat out every day. Westland offers pre-packaged chips and sweets. Not much else is eatable there either.	2/26/2018 5:38 PM
164	two kids in school - snacks are generally awful, sugary, unhealthy - especially at kidsco	2/26/2018 5:37 PM
165	I am not that interested	2/26/2018 5:35 PM
166	I would love to let my kids eat school lunch, but options are not healthy enough. I know I'm lucky- others can't afford to send a bag lunch every day.	2/26/2018 5:31 PM

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167	We have an epidemic of overweight students and families. The schools must model excellent nutrition!	2/26/2018 5:27 PM
168	My grandchildren attend school in Montgomery County	2/26/2018 5:26 PM
169	I am appalled at the fact that there is chocolate milk and other total crap put in front of my two kids every single day in the form of "free breakfast" and I have limited ability to avoid their eating this junk.	2/26/2018 5:26 PM
170	Healthy food is so important in a child's overall health and ability to learn. Food offered in the school setting can serve as a learning opportunity for students about the importance of healthy diets and an awareness about food sensitivities such as gluten, peanuts, etc.	2/26/2018 5:25 PM
171	Kids will try more foods away from family sometimes. They would drink more water if the bathrooms were safer and cleaner, now they limit it so they don't have to go during the day.	2/26/2018 5:21 PM
172	I have a child with food sensitivities to red dye and preservatives. We also are trying to eliminate HFCS and processed foods from our diets	2/26/2018 5:21 PM
173	healthier kids	2/26/2018 5:20 PM
174	I have major intolerance's to processed food and suspect the same in my son. Either way, processed food is the devil and we eat very few brands of snack foods because of the junk in them. My 7 y.o. can actually turn down candy in favor of raspberries...I want it to stay that way	2/26/2018 5:20 PM
175	The RFKM is spearheading the grassroots movement in Maryland to help improve the nutrition and health of school lunches. This is something all pubic health officials can and should get behind.	2/26/2018 5:20 PM
176	I believe in healthy foods	2/26/2018 5:20 PM
177	horrible food in the schools and a total waste of tax dollars to buy food that makes our children sick (diabetes, obesity). We need scratch food as is implemented in a lot of other places, e.g., California, Japan	2/26/2018 5:19 PM
178	Healthy food is the first place to start growing a healthy body.	2/26/2018 5:18 PM
179	Because nutritional health impacts a child's ability to learn, to be active, and to develop life long healthy food relationships.	2/26/2018 5:16 PM
180	we are what we eat	2/26/2018 5:15 PM
181	I think there needs to be improvement, I know other schools in the county are much more strict.	2/26/2018 5:15 PM
182	I have friends with children in the MoCo schools	2/26/2018 5:14 PM
183	I believe we do a much better job feeding our children especially in a county with so much agricultural access. I'm also a big fan of CSPI so if we follow their guidelines and use the magazine to help educate parents, we may be more successful.	2/23/2018 10:50 AM
184	Healthy eating to detoxify our kids for better health, well-being and better students	2/22/2018 2:11 PM
185	School food, upon which thousands of students rely for their daily food intake, should nourish students' bodies and minds, setting kids up for success at school, at home and in life. Schools should model the best of what science and health studies tell us about food and how eating habits are established. Unfortunately, the food available in schools (meals, a la carte and vending) is too high in sugar and processed foods, and too low in fresh produce and tasty and attractive, scratch-cooked foods. RFKM is making tangible progress in changing our school food culture through its advocacy and by building an informed citizenry of thousands of parents, students and educators.	2/22/2018 12:43 PM
186	Important mission and it gives parents a voice	2/21/2018 9:26 AM
187	I'm concerned for FARMS kids who don't have any say in what they are offered to eat and what the long term ramifications of the MCPS offerings are. I feel we can do better for our kids.	2/20/2018 4:26 PM
188	Due to the impact of our childrens' nutrition on their future	2/19/2018 4:34 PM
189	Want to see continuous improvement regarding food and wellness in MCPS Schools.	2/19/2018 3:59 PM
190	Obesity is a problem in our area	2/19/2018 8:43 AM

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191	Because physical health starts at the dinner plate. Good nutrition from early childhood is the best preventive measure for a host of chronic illnesses and the idea of having our own government undermining our children's health with our own tax dollars is not acceptable. School officials are accountable to the parents, as their voters, and should be called to account for their part in deteriorating kid's health.	2/18/2018 6:36 PM
192	Proper nutrition is essential for proper development and learning. Good eating habits learned in childhood will have tremendous benefits for adult health.	2/18/2018 12:34 PM
193	We moved here from a school district that had wonderful salad bars at all schools. I couldn't believe the lack of choice and vegetable offerings in this district.	2/17/2018 9:19 PM
194	I am a grandparent and primary care giver of three kids under ten years of age.	2/17/2018 9:25 AM
195	For too long students have been offered unhealthy food choices	2/17/2018 6:43 AM
196	I want to believe that in Montgomery County school children can eat healthy foods in the school meal programs.	2/16/2018 10:20 PM
197	Because they are advocating and educating parents and students about the habit of eating healthy	2/16/2018 8:51 PM
198	Because better nutrition leads to better learning, it just makes sense. We have an obesity epidemic	2/16/2018 7:55 PM
199	The obesity rates are sky high and children need a wide variety of good examples of healthy food choices.	2/16/2018 5:41 PM
200	to keep children healthy, learn good eating habits, etc.	2/16/2018 3:05 PM
201	So they encourage MCPS to provide healthier food at school lunches	2/16/2018 12:42 PM
202	Healthy Nutrition is critical to overall health and a child's learning! Processed food laden with chemicals, sugar and extra salt, will only lessen a child's ability to learn!	2/16/2018 11:58 AM
203	We have a family history of ADHD and cancer. There's enough evidence that artificial colors and ingredients have negative effects on health that I want them out of my kids' food.	2/16/2018 10:59 AM
204	My child	2/16/2018 10:54 AM
205	Worked on school food issues in elementary school in Montana. Turns out the food was WAY better there. School food here is processed and inedible. My child brings lunch. Not all children have this option.	2/16/2018 9:49 AM
206	Food quality equals health and teaches healthy habits for our children.	2/16/2018 8:49 AM
207	MCPS food is not nutritious, and providing such poor quality food to those who depend on it the most (i.e., those who participate in the FARMS program), is a crime. All children should have access to fresh, healthy food.	2/16/2018 8:37 AM
208	To improve the nutritional quality of school foods	2/16/2018 5:27 AM
209	Because good nutrition has so many positive benefits in addition to just being a good idea.	2/15/2018 10:55 PM
210	because my kids have gluten and dairy sensitivities I was on free and reduced lunch for a few years when I was growing up and know how important it is for those foods to be nutritious.	2/15/2018 10:40 PM
211	I'm very health aware and upset with the quality of food kids have access to	2/15/2018 9:53 PM
212	It makes good sense	2/15/2018 9:32 PM
213	I believe that all children should have access to healthy food even if/especially if they are on FARMS. I also expect my own children to eat healthy foods and hope the quality of MCPS school food is improved by the time they are old enough to attend school.	2/15/2018 9:10 PM
214	The reheated processed food is gross. My first kid liked some of it in elementary, but hates the MS options. Now my second won't even try school food, because she says it looks gross. And she eats all sorts of food at home and out- even calamari and scallops.	2/15/2018 8:19 PM
215	I prepare all my kids lunches and provide snacks but I wish I could rely on healthy meals at school as an option. I am french and we have very healthy options in schools. I am also extremely concerned by the huge increased obesity rate as a general public health concerns.	2/15/2018 6:34 PM
216	I want my kids to develop healthy eating habits.	2/15/2018 5:56 PM

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217	I know how important the school food system is to low-income families and those children deserve to have the best possible food available to them, not only increase educational outcomes, but to help manage the incidence of childhood obesity.	2/15/2018 4:53 PM
218	My children will be attending MCPS in 2019 and I want them, along with all children to be given healthy food options. We also have a major problem with obesity, hypertension and diabetes in the US, a better diet would have a major impact on these public health problems.	2/15/2018 4:48 PM
219	I am a grandparent and I think there is a real crisis regarding the diet our young people	2/15/2018 4:42 PM
220	I have tried to provide my child with healthy options and education about reading food labels and understanding what is in our food what to avoid/choose in moderation. I feel like a lot of this is undone at schools with the a la carte options, chocolate milk, class parties, Etc.	2/15/2018 4:30 PM
221	Would like to become more involved - think RFKM is doing great work to improve health of ALL children in MC	2/15/2018 4:24 PM
222	We shouldn't serve our kids crap at school. If only given a choice between water and fruits/veg snacks, kids won't be able to choose poorly and in a relatively short time will actually happily eat the healthy stuff offered.	2/15/2018 4:13 PM
223	We prefer to have our child eat school lunch, but the repetition of fried foods and pizza (and the ability to select only unhealthy goods) is hard.	2/15/2018 3:47 PM
224	Schools should support kids nutrition and this organization champions this cause	2/15/2018 3:28 PM
225	Kids need healthy food to grow and learn.	2/15/2018 2:59 PM
226	My son is extremely picky and by adding bananas and nuts it will improve his diet.	2/15/2018 2:56 PM
227	Kids need healthy food and nutrition education.	2/15/2018 2:42 PM
228	I want healthier options for my kids and hate the processed food available.	2/15/2018 2:40 PM
229	Because I am interested in food policy in the U.S. and in the health of children. (I have 3 of them, but they are grown).	2/15/2018 2:38 PM
230	The bombardment of sugary choices in the name of "health," ie chocolate milk. And a la cart items like cookies daily.	2/15/2018 2:31 PM
231	I am so thankful that there is a group working to improve the quality of food offered to our kids. I'm glad someone is paying attention -- Thank you!	2/15/2018 2:19 PM
232	RFKM provides families with information they didn't know was available to them. Many families don't know that they can have a say in what food is offered at school whether it's in the cafeteria or classroom.	2/15/2018 2:01 PM
233	My children rarely purchase the school lunches - they don't even like the food and from what I've seen it is all highly processed, frozen/microwaved, and of questionable nutritional value. Many children, especially those on free/reduced lunch only have the option of eating the school provided meals. We can do better for these children.	2/15/2018 2:00 PM
234	health begins with food choices	2/15/2018 1:27 PM
235	I care about nutrition. Health truly is wealth.	2/15/2018 1:19 PM
236	no	2/15/2018 1:07 PM
237	I want teach my child healthy eating habits and I don't like having the school work against me by offering un healthy choices. If I don't want my children to eat cinnamon rolls I don't bring it home or introduce them to eating cinnamon rolls but I have no control if the school decides to introduce them to cinnamon rolls.	2/15/2018 1:03 PM
238	Because I would like to see them help MCPS provide more healthier food options to students.	2/15/2018 1:01 PM
239	I worry about my child eating junk every day at lunch, but I struggle to pack a lunch each day.	2/15/2018 12:56 PM
240	My kids buy lunch and I'm concerned about the lack of nutritious options.	2/15/2018 12:51 PM
241	To improve the quality and nutrition of the foods in MCPS	2/15/2018 12:51 PM
242	I would like to see less processed foods and healthier options in the cafeteria.	2/15/2018 12:38 PM
243	I think we can provide healthier food and possibly even teach kids how to make healthy snacks/foods.	2/15/2018 12:38 PM

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244	bad food generates bad results--- learning ability, focus, underlying health, sugar spikes	2/15/2018 12:34 PM
245	Healthy food helps remedy childhood obesity and, healthy eating habits developed during childhood can help to prevent diet-related diseases in adulthood.	2/15/2018 12:33 PM
246	Because we can do better for our kids!	2/15/2018 12:29 PM
247	Because I do my best to raise my kids on a minimally processed, low sugar diet and I don't feel supported by the state choices.	2/15/2018 12:29 PM
248	my kids have never bought lunch because i think it's nasty	2/15/2018 12:23 PM
249	I like the work that Jamie Oliver has done for other school systems in the US and would like to see that apply to MCPS.	2/15/2018 12:23 PM
250	I think its vitally important that we begin the education on the importance of eating healthily at an early age. Understanding the role that diet has in our general well being is crucial in our development. We also need to find ways to make it fun and exciting to eat healthier. RFKM is a great way to get involved in making changes to people lives.	2/15/2018 12:23 PM
251	I support access to nutritious foods for all MCPS children.	2/15/2018 12:21 PM
252	I think is important that our kids get healthier meals in the school, as it is the only chance they might have during the day.	2/15/2018 12:14 PM
253	A comment about the previous section. Assuming there would not be a budget for organic produce, you should choose to offer fruits and vegetables which tend to be grown with fewer pesticides. For example, we eat strawberries at home, but only buy organic because of pesticides. There are lower pesticide options which could be offered at school and lower the need for organic	2/15/2018 12:13 PM
254	As a parent and health care provider I care strongly about diet and nutrition for our community.	2/15/2018 12:12 PM
255	I want to foster lifelong healthy eating habits for my children.	2/15/2018 12:11 PM
256	Our kids are eating sooooo many unhealthy foods and without schools and daycare programs helping to address the issue, parents can't be successful in building healthy habits in their kids.	2/15/2018 12:08 PM
257	I care about our kids and their diets	2/15/2018 12:08 PM
258	My children will go to MCPS in the coming years. I previously worked for the USDA Farm to School Program where I formed some strong opinions on school food.	2/15/2018 12:06 PM
259	Food and health are big issues for me	2/15/2018 12:04 PM
260	I want to limit my kids' access to unhealthy choices at school.	2/15/2018 12:03 PM
261	Nutrition is a critical part of a healthy lifestyle for kids and is a vital contributor to their mental health.	2/15/2018 12:03 PM