

# Dairy Maid Dairy

## Fat Free Chocolate

Serving Size: 1cup (236ml) Servings: 1  
Calories: 120 Fat Calories: 0

<u>Amount Per Serving</u>	<u>%DV</u>
Total Fat: 0g	0%
Saturated Fat:	0%
Trans Fat: 0g	
Cholesterol: 5mg	2%
Sodium: 200mg	8%
Total Carb: 22g	7%
Fiber: 0g	
Sugar: 21g	
Protein: 8g	17%

**Ingredients:** Fat Free Milk, High Fructose corn syrup, cocoa powder, starch, salt, carrageenan, cocoa (processed with alkali), vitamin A Palmitate and Vitamin D3 added.

## 1% LOW FAT WHITE

Serving Size: 1cup (236 ml) Servings: 1  
Calories: 100 Fat Calories: 0

<u>Amount Per Serving</u>	<u>%DV</u>
Total Fat: 2.5G	4%
Saturated Fat: 1.5g	8%
Trans Fat: 0g	
Cholesterol: 10mg	3%
Sodium: 120mg	5%
Total Carb: 11g	4%
Fiber: 0g	
Sugar: 11g	
Protein: 8g	17%

**Ingredients:** Low Fat milk (1% milkfat), Vitamin A Palmitate and Vitamin D3 added.