

# Kellogg's® Eggo® Minis Pancakes Maple

49770

<b>Nutrition Facts</b>		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size <b>1 Pouch (80g)</b>		Calories	2,000      2,500
<b>Amount Per Serving</b>			
<b>Calories 200</b>	<b>Calories from Fat 50</b>		
<b>% Daily Value*</b>			
<b>Total Fat 5g</b>			<b>8%</b>
Saturated Fat 1g			<b>5%</b>
Trans Fat 0g			
Polyunsaturated Fat 2.5g			
Monounsaturated Fat 1g			
<b>Cholesterol 10mg</b>			<b>3%</b>
<b>Sodium 300mg</b>			<b>13%</b>
<b>Potassium 150mg</b>			<b>4%</b>
<b>Total Carbohydrate 34g</b>			<b>11%</b>
Dietary Fiber 3g			<b>12%</b>
Sugars 10g			
Other Carbohydrate 21g			
<b>Protein 4g</b>			
Vitamin A 10% • Vitamin C 0% • Calcium 6% • Iron 15% Thiamin 10% • Riboflavin 10% • Niacin 10% • Vitamin B <sub>6</sub> 10% Vitamin B <sub>12</sub> 10% • Phosphorus 10%			
		Total Fat      Less than      65g      80g Sat. Fat      Less than      20g      25g Cholesterol      Less than      300mg      300mg Sodium      Less than      2,400mg      2,400mg Potassium           3,500mg      3,500mg Total Carbohydrate      300g      375g Dietary Fiber      25g      30g Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
<b>INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL (SOYBEAN, PALM, AND PALM KERNEL OIL), BUTTERMILK, EGGS, CONTAINS TWO PERCENT OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), FRUCTOSE, SALT, CORN CEREAL, RICE FLOUR, YELLOW CORN FLOUR, CORNSTARCH, NATURAL AND ARTIFICIAL FLAVORS, CORN SYRUP, CARAMEL COLOR, MALT EXTRACT, CORN SYRUP SOLIDS, SOY LECITHIN, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B<sub>12</sub>, PYRIDOXINE HYDROCHLORIDE (VITAMIN B<sub>6</sub>), THIAMIN HYDROCHLORIDE (VITAMIN B<sub>1</sub>), RIBOFLAVIN (VITAMIN B<sub>2</sub>).</b>			
<b>CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.</b>			

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