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Hadley Farms Nutrition Label

375IW Whole Grain Cinnamon Roll 2.7 Oz SY 2013/14

3:41pm 02/26/2013

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 roll (76g)		Total Fat 7g	11%	Total Carb. 38g	13%
Serv. Per Cont. 36		Sat. Fat 1.5g	7%	Fiber 5g	18%
Calories 230		Trans Fat 0g		Sugars 12g	
Fat Cal. 60		Cholest. 0mg	0%	Protein 5g	
		Sodium 230mg	10%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 35%	Vitamin C 2%	Calcium 2%	Iron 8%

INGREDIENTS:

100% Whole Grain White Wheat Flour, Water, Sugar, Margarine (Palm and Soybean Oil, Whey [Milk], Mono and Diglycerides, Soybean Lecithin [Soy], Natural Butter Flavor, Colored with Beta Carotene, Vitamin A Palmitate added), Crystalline Fructose, Contains 2% or less of: Egg Replacer (Whole Soy Flour, Wheat Gluten, Corn Syrup Solids, Algin), Dough Conditioner (Guar and/or Arabic Gums, DATEM, L-Cysteine, Ascorbic Acid, Azodicarbonamide [ADA], Enzymes), Vital Wheat Gluten, Milk Powder Replacer (Soy Flour, Corn Flour), Salt, Cinnamon, Yeast (Leavening), Natural Orange and Cinnamon Emulsions (Natural flavors, Propylene Glycol, Gum [Xanthan, Propylene Glycol Alginate]), Modified Corn Starch, Corn Syrup, Stabilizer (Calcium Carbonate, Agar, Locust Bean Gum), Malt Powder (Malted Barley, Dextrose), Hydrogenated Palm Kernel Oil, Vanilla.

32.48 grams Whole Grain per Roll (100%)
2 OZ EQ per Roll

Competitive Foods Data

Percent Calories from Fat (<= 35%) 27.39%
Percent Calories from Sat Fat (< 10%) 5.87%
Percent Sugar by Weight (<= 35%) 15.79%

ALLERGY INFORMATION:

CONTAINS: Milk, Soy, Wheat

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