



Whole Grain Croutons

Item # 85360

INGREDIENTS:

WHOLE WHEAT FLOUR, CANOLA AND/OR SUNFLOWER OIL (CONTAINS CITRIC ACID AND/OR TOCOPHEROLS), SEASONING [SUGAR, WHEY, SALT, ROMANO CHEESE [(MILK, SALT, CHEESE CULTURES, ENZYMES), WHEY, DISODIUM PHOSPHATE, LACTIC ACID], PARMESAN CHEESE [(MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY, SALT, DISODIUM PHOSPHATE, LACTIC ACID], TOMATO*, GARLIC*, NATURAL FLAVOR, VINEGAR POWDER (MALTODEXTRIN, VINEGAR), SPICES], RYE CHOPS, SALT, OATS, WATER, YEAST, CRACKED WHEAT, VITAL WHEAT GLUTEN, CARAWAY SEEDS, NATURAL BUTTER FLAVOR, ASCORBIC ACID. *DEHYDRATED

CONTAINS: MILK, WHEAT

Nutrition Facts

Serving Size 2 Tbsp. (7 g)
Servings Per Container ABOUT 162

Amount Per Serving

Calories 35 **Calories from Fat** 20

% Daily Value*

Total Fat	2 g	3 %
Saturated Fat	0 g	0 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Sodium	70 mg	3 %
Total Carb.	4 g	1 %
Dietary Fiber	1 g	4 %
Sugars	0 g	
Protein	1 g	

o Vitamin A 0 % o Vitamin C 0 % o Calcium 0 % o Iron 0 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Nutrient		2,000 Calories	2,500 Calories
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Fiber		25g	30g

1g Fat = 9 calories – 1g Carbohydrates = 4 calories – 1g Protein = 4 calories

Other Nutrition Information:

- 0.25 ounce equivalent per serving meeting the NSLP & SBP grain requirements
- Contains 100% whole grain
- Contains 6g of whole grain per serving



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The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.