Nutrition Facts

1 serving per container

Serv. Size 1 cup (236mL)

Calories per serving 130

Amount/serving % DV Amount/serving % DV
Total Fat 0g 0% Total Carbs 23g 8%
Sat Fat 0g 0% Fiber 0g 0%
Trans Fat 0g Total Sugars 22g
Cholesterol 5mg 2% Incl. 10g Added Sugars 20%
Sodium 230mg 10% Protein 8g 16%
Vit D 2.5mcg 10% Calcium 300mg 25% Iron 0mg 0%
Phos 410mg 8% Vitamin A 150mcg 15%

INGREDIENTS: SKIM MILK, LIQUID SUGAR (SUGAR, WATER), COCOA (PROCESSED WITH ALKALI), CORNSTARCH, SALT, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, VITAMIN D3.

CONTAINS: MILK

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