

# White Wheat Steak Rolls

NET WT 22 oz

H&S Formula #84069

Last Updated: 6-1-12

Nutrition Facts			
Serving Size 1 Roll (54g)			
Serving Per Container 12			
Amount Per Serving			
Calories 140		Calories from Fat 15	
		% Daily Value	
Total Fat	1.5g		3%
Saturated Fat	0g		0%
Trans Fat	0g		
Polyunsaturated Fat	1g		
Monounsaturated Fat	0g		
Cholesterol	0mg		0%
Sodium	250mg		11%
Potassium	95mg		3%
Total Carbohydrate	26g		9%
Dietary Fiber	3g		10%
Sugars	2g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	6%	Iron	10%
Thiamin	15%	Riboflavin	6%
Niacin	10%	Folic Acid	10%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** Water, Whole Grain White Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Yeast, Wheat Gluten, Sugar, Contains 2% or less of each of the following: Soybean Oil, Salt, Wheat Flour, Dextrose, Calcium Propionate (A Preservative), Calcium Sulfate, Monoglycerides, Corn Starch, Malted Barley Flour, Ascorbic Acid (Dough Conditioner), Enzymes, High Oleic Canola Oil, Potassium Iodate, Azodicarbonamide, L-Cysteine, Propionic Acid (A Preservative), Phosphoric Acid (A Preservative), Calcium Silicate.

Contains: Wheat and Soy

Claims: Low Fat  
 0g Trans Fat  
 Cholesterol Free  
 17g of Whole Grains per serving  
 Good Source of Fiber, Iron,  
 Thiamin, Niacin and Folic Acid

Code # 661049

Exp # 4110270

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